BALMORAL HALL

OPTIMA ANNI

United

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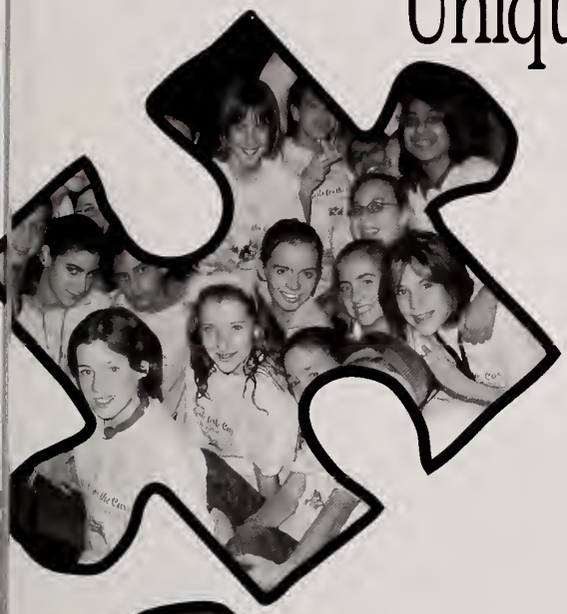
"Unique, United, Unstoppable!"



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Keep in Touch!

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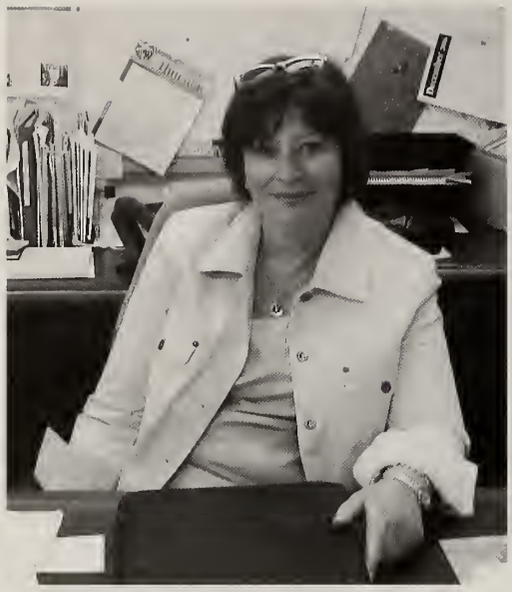
Winnipeg, MB R3C 3S1
Phone: (204) 784-1600 Fax: (204) 774-5534
www.balmoralhall.com

MESSAGES



Claire Sumerlus
Head of School

Much has been accomplished at BH this year and we continue to embrace the future with a sense of excitement and enthusiasm. The word renaissance, French for "rebirth", defines a time in history characterized by the revival of learning and advancements in the arts and science. I believe BH graduates are the modern day embodiment of renaissance girls – confident, well-rounded and committed to success.
Graduates, you are now joining the ranks of a very special group of people. You are now officially Balmoral Hall School Alumnae. I hope you will continue to love the school and want the best for it. BH is much richer because of its traditions, heritage, and help from ou Parent Body, Board of Governors and our Alumnae. I hope to see some of you as chairs of the Board of Governors in years to come. Good luck in all your future endeavors.

Judith Steek
Principal of Junior School

Congratulations to our 2006-2007 graduates. We are proud of you and we wish you success in all that you do. We know you are well prepared to be a thinker, an inquirer, one who is knowledgeable and creative. You are students who care about others; you are principled in your beliefs and open-minded in your thoughts. You have learned to communicate and to reflect on your actions and importantly, you know the value of being balanced in your life. We know you are poised to move into an ever changing world with competence, confidence and many connections to help you on your journey.
This yearbook is a testimony of the Balmoral Hall Education. From challenging and rigorous academics, mentor buddies, and athletics, to arts, clubs and global awareness, the program at BH is balanced and provides connections to real life. Congratulations to the yearbook staff—an exciting culmination to a productive year!
To all the Faces of BH, Faces of the World, remember to believe in yourself, work hard to achieve, be proud of your successes and always follow your heart!

Joanne Kamins
Principal of Senior School

Another year has come to an end and it seems impossible to highlight the many outstanding moments in the school year. Amazingly, this year's yearbook does capture the efforts of students and the faculty. I applaud each member of the graduating class of 2007 who contributed to making this year "Unique, United and Unstoppable". Enjoy the memories!

Jackie Copp
Principal of Middle School
Head of Academic Studies

Balmoral Hall School's mission statement of character, achievement and personal growth is embodied in every 200 BH graduate. You are now moving on with your learning and relying on the leadership lessons you have experienced as you take control of your futures. Celebrated author, Steve Covey says, "If you begin with the end in mind you will be more productive." Your years at BH have been leading up to this moment - always with a mission to graduate successful young women. As you move forward it is time to write your personal mission statement. I hope you continue to think about what you want to accomplish, how you can best accomplish it, and then begin doing it. Hold on tight to the core values acquired at BH as you use your skills in critical thinking to achieve your goals in the future.

MESSAGES

James R. Morden, Board of Governors Chair

The School has been full of life and energy, new endeavors, challenges, and achievements during the 2006-2007 school year. As Chair of the Board of Governors, I am proud to extend congratulations to the Graduating Class of 2007 for their leadership in such an exciting year.

Whatever you choose in your path as a lifelong learner, be it education, travel, athletics or arts, take with you the passion for learning that has developed throughout your BH experience. I hope that you will continue to connect with the staff, students and each other and that whenever the opportunity presents itself you will come back and share your future success with the wonderful girls following you.

Be confident as you enter the world beyond the doors of Balmoral Hall School. The skills you have gained during your BH experience will be integral in shaping your future. Remember to keep you minds, hearts and doors open, as ours will be to welcome you back to BH as Alumnae, for years to come!

ebecca Lechman '95, Alumnae Association President

ngratulations to the 105th graduating class.

e years ahead of you will continue to be exciting ones. There may be travel in your ure, or perhaps a move to a new city or country. There will be challenges and rewards university and many opportunities to meet new and exciting people.

member that no matter where your path leads and regardless of the hurdles you face achievements you reach, you will always have a strong support system behind you.

u are now members of the Balmoral Hall Alumnae Association. Hundreds of strong, elligent and experienced women are here to offer support, lend advice or share a laugh. ke use of this wonderful network and continue to remain in touch. One day you may helping a recent BH graduate like yourself!

behalf of the Alumnae Association I wish great success to the Class of 2007. Be sure to ep in touch via the Alumnae Email Directory or by stopping by the school.

Chrystal Robert, Parent Association President

Warm congratulations to our graduates of 2007!

Some think of graduation as the end of a piece of their lives but rather, know that this is a new beginning. You are the graduates of Balmoral Hall 2007 and will enter the next phase as independent thinking, self-confident women.

As President of the Parent Association, I would like to express our sincere gratitude for your assistance and role modeling over the years. The Parent Association relies on a wide range of volunteers and we appreciate all of your involvement. It is also my wish that you take this sense of volunteerism and continue to extend it throughout your lives.

You will all make a difference in what you do because you are BH girls. Best wishes!

MESSAGES

Robin Jacuzzi
Head Girl

Nine years of my life have been spent wearing a green kilt. Hundreds of days have been spent running through the halls of Balmoral Hall, putting in long hours of work, and playing volleyball. Countless hours have been spent laughing with girlfriends that I could not have been any closer with if I had tried. And you know what? I wouldn't want it any other way! Balmoral Hall has been my home for almost as long as I can remember, and I could not have imagined a better year than this one to remember my home by as I start a new and exciting chapter of my life. This year can be summed up with one word: magic. Whether it was building our House Point Poles, planning our fabulous EuroVibe dance, or playing an energetic game of musical chairs, Student Council had a great time putting our heads together to create a fun year full of spirit. We have had our triumphs and our struggles, yet both have worked to bring us closer together and to create new friendships and even more new memories that will never be forgotten. Thank you Balmoral Hall, I owe it all to you.

Love,
Robin

Stefania Campanelli
School Captain

Since the first day I entered junior kindergarten at Balmoral Hall School I have had the privilege of encountering some of the most incredible people. From teachers to mentors to support staff to friends I have shared memorable experiences which I will cherish for many years.

Senior year for me (as BH School Captain), has been a great honour especially working side by side with an excellent group of peers. There were times when things became hectic but with support and perseverance we managed to pull through. Looking back at my time at BH I cannot believe it is quickly coming to an end!

For the next group of prefects, remember to work hard, surpass expected limits, take what previous councils have provided you and continue to make Balmoral Hall the best it can possibly be. I will leave you with one last piece of advice. Whether you are in elementary, middle or senior school, time passes quickly so enjoy every experience as if it were your last.

Stefania Campanelli

Madison Maidment and Layla Freig
Middle School Head Girl and School Captain

Hey Middle School!!

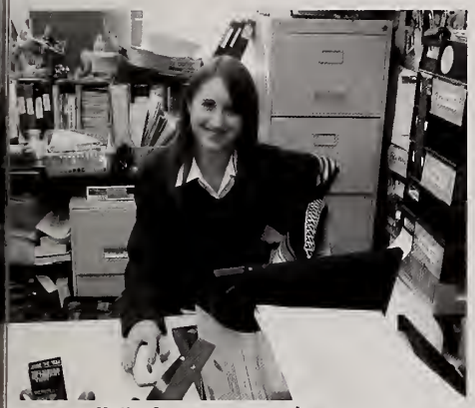
We just want to say thanks for a great year. We want to give a special thanks to the students, the Senior School prefects, the staff, Mrs. Green, and of course Mrs. Smith for helping and participating in all of the school events. We've had a blast with the Middle School dance "BH Goes Hollywood", and who could forget our Starbucks Day!!! We've had the times of our lives being your Middle School Head Girl and School Captain, and we wish next year's prefects the best of luck. We hope that everyone will remember this year as the year we became unique, united, and UNSTOPPABLE!!!

xoxo,

Maddie and Layla

YEARBOOK ROCKS!

as difficult, since we were transitioning from the beloved Pagemaker to Adobe Indesign. So, I ld like to say "THANK YOU!" to the yearbook committee for their diligence and that you all super special. A special thank you to Nadine for placing extra time, designing the beautiful zle piece designs and the endsheets. I appreciate all the pictures that have been sent in, be-se we would end up with blank pages without them. Thank you, Mrs. Christie! The yearbook mittee would not be able to identify all the Junior School students! Finally, Senora, you *are* greatest! Without you, this yearbook would *never* have been done.
nk you all for the fantastic year!
Ho



Nadine Lowes spent many hours behind the computer on page layouts

Julie Clarke, the yearbook's gummy bear guru

Jessy Gao, and K.K. Ho selected pictures for the fabulous yearbook

e Moore, Claudia Muller Moran, Jessy Gao, and Sra McDonald admired the yearbook proofs

Krupa Kotecha, and Fatima Warraich arranged photos

To be forever immortalized in this yearbook and be credited for its creation:
Principal Editor - Airyn Lancaster
Principal Photographer - Chantol Thompson
Middle School Yearbook Prefect: Allison Kowalchuk
Middle School Committee Members: Anna Evans Boudreau, Hayley Koehn
Senior School Committee Members: Fatima Warraich, Julie Clark, Talia Joundi, Krupa Kotecha, Nadine Lowes, Jessy Gao, Kathryn Marcynuk, Katie Moore, Claudia Muller Moran

Unstoppable Staff

Tina Alto

Jenna Baraschuk

Kerry Ann Batista

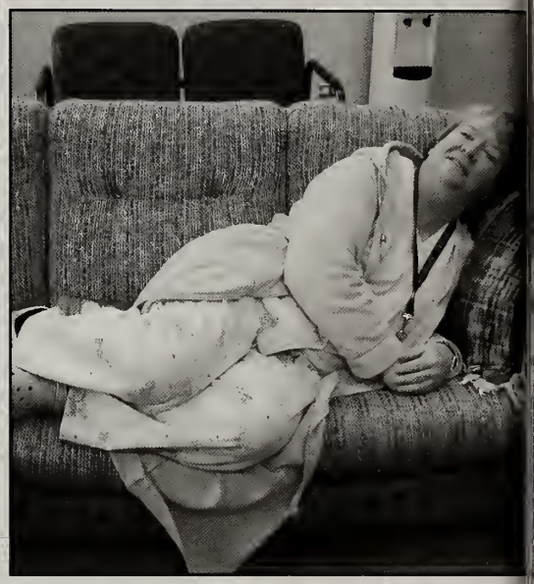
Heather Baxter-Naughten

Dawn Bergen

Kera Borodkin

Marilyn Bowles

George Budoloski



Tracy Burston

Sharla Chochinov

Joan Christie

Marilyn Clarke

Jared Cook

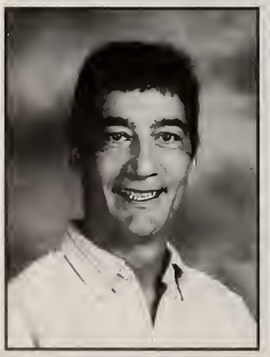
Jackie Copp

Garry Deblonde

Cathy Doerksen

Robin Dow

Bev Flackman


Dave Fox

Teresa Friesen

Terry Fulton

Denise Gariepy

Gary Gaudry

Beth Goldberg

Carolyn Graham

Amanda Green

Audrey Greenhill

Jodi Hafenbrak

Tony Hart

Gwen Hewitt

Sheila Hunter

Carlos James

Bin Dong Jiang

Wayne Johnson

Lianne Johnstone

Vicky Jordan

oanne Kamins

Christine Kerr

John Kerr

Jennifer Kirk

Roma Konyk-Pastuck

Erin Kowal

ristina Kowalec

Ginny Lechman

Nancy Leigh

Stevan Leipsic

Carrie Lundy

Jane Mackenzie

Chloe McComb

Jennifer McDonald

Laurel McFarlane

Pamela McGhie

Lois McGill-Horn

Anita Moeller

Richard Ndlovu

Kirstan Osborne

Susan Piper

Dean Rebeck

Mary Jane Reid

Hector Riquelme

Susan Sammons

Joanie Sheps

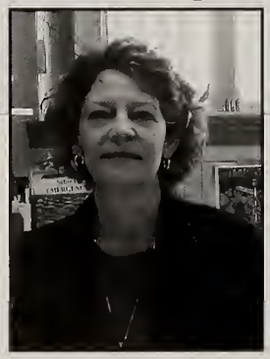
Connie Shyka

Karina Smith

Tracy Smith

Kevin Solinsky

Leslie Sprange


Judith Steek

Don Suderman

Claire Sumerlus

Darlene Sveinson

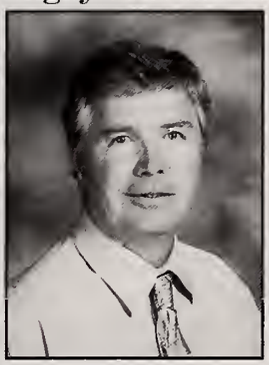
Arda Thomson

Signy Thordarson

Jill Trickett

Robbert Visser

Emily Warriner


Jock Warriner

Ketri Wilkes

Nicole Workman

Carol Wozny

Wanda Zajac

Harriet Zimmer

Dave Zimmerman

Laura Zimmerman

Security Staff:
Arnel Lopez
Sing Sandhu
Neil Tormon
Haider Al-Saaisi

Custodial Staff:
Bushra Al-Raimi
Lisa Bannatyne
Sarah Bannatyne
Stephanie Bouvier
Mary Farmer
Ljubica Moskovic
Zoo Wong
Linda Woodhouse

tchen Staff:

Liz Chavez
Marita Henault

Kim Courchene

Kerri Deller

Jean Riggs

Sandra Spring

Jen Steward

Unique Student Body

nursery BOWLES

Lukas Agpalza Santos

Max Jarry

Charlotte Kowall

Senna Laflamme

Samuel Loewen

Heaven Moneyas

Caelan Nowicki

Samuel Penner

Gina Plett

Colby Yurkiw

Welcome
Reading!

JK Burston

Andrew Evanyshyn

Charlotte Falck

Meghan Fustey

Christopher Gage

Emma Hafenbra

Natasha Hofer

Gabriel Johnston

Jolene McMahon

Ryker Musaphir

Chloe Reiss

Avery Shtykalo

Aasiyah Siddiqui

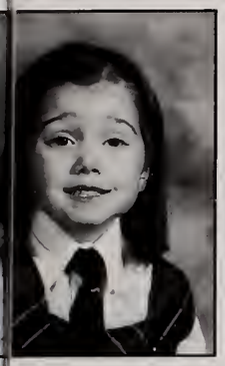
Grace Thomson

Portia Topnik

Evan Toth

Zoë Zaretzky

JK PIPER


delaine Baigrie

Mia Battad

Brooke Burron

Jordan Burron

Adrian Chin

topher Dowhan

Megan Harley

Honor Hinchey

Una Mayberry

Aleksandra Planinich

ynn Precourt

Stefania Priestley

Kaytlen Recine

Brianna Ritter

Madeline Ritter

Grace Speirs

Irina Znamirowski

K OSBORNE

Sumayah Aldabbagh

Logan Chubaty-Boychuk

Avery Fletcher

Kendra Hamin

Kate Hokanson

Kathryn Lyon

Mikayla McLeod

Emma Machado

Gabriella Nowicki

Tharveer Sandhu

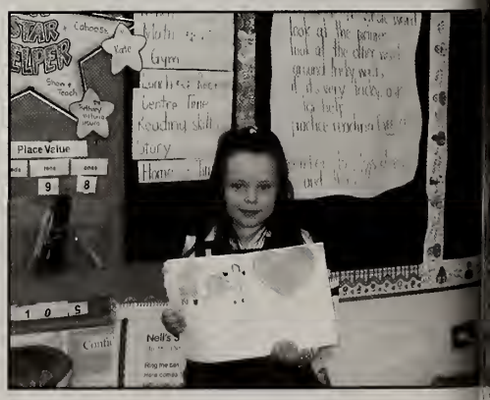
Bethany Shtykalo

Victoria Stefanson

Jessica Sui

Chelsea Venevongsa

Kaylyn Zacharkiw



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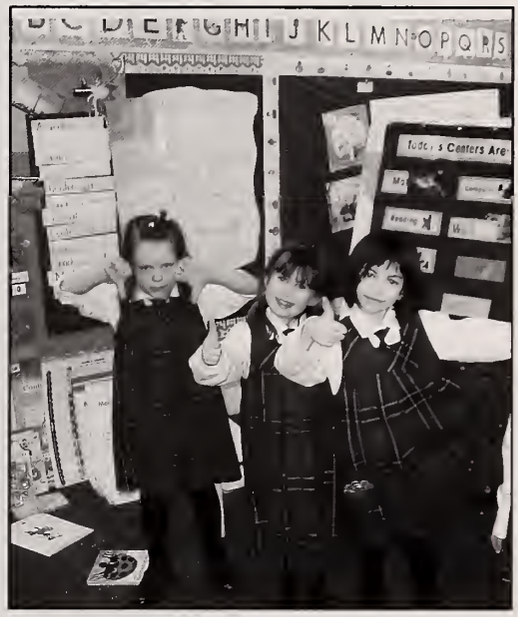

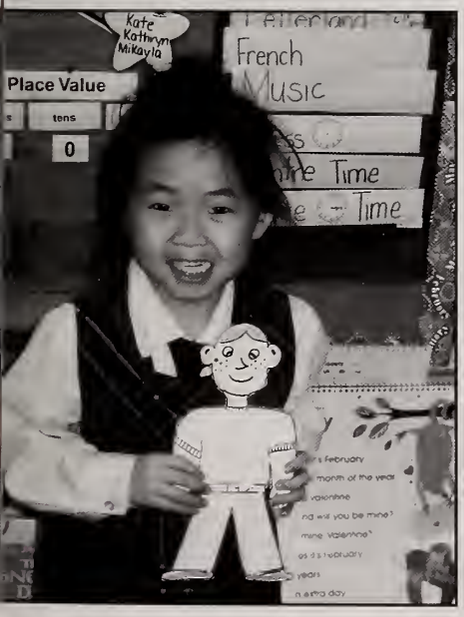
Place Value
tens
0
French
Music

18
19
23
24

Gr 1 Borodkin

Katelyn Battad

Rachel Bernhardt

Rachael Buchwald

Samantha Frost

Sarah Kowall

Madison Lacombe

Alarey Loyns

Sophie MacDonald

Claire Meier

Reese Precourt

Marie Silhova

Kristin Smith

Gr 1 Spring

exandra Beck

Payton Bell

Kirsten Benidickson

Serena Buchwald

Pema Davis

acGregor Goodman

India Holeman

Lia Loewen

Lauren Melnyk

Anika Moran

ennie Pham

Lindsay Speirs

Grade Naughten

Hannah Baran

Alexandra Blake

Jillian Burron

Anais Casselman-Green

Gillian Chiu

Naia Dias-Gwyn

Victoria Dowhan

Morgan Dubyts

Amy Johnston

Moira Kennedy

Samantha Machado

Taylor Maidment

Olivia Meier

Danielle Moreau

Maya Schwartz

Emily Thompson

Claudia Venevongsa

Gr 3 Konyk-Pastuck

Sara Ali

Chloe Balog

Audrey Bicknell

Alexandra Chubaty-Boychuk

Dakota Cull

niella Daumler

Anoushka Divekar

Alexandra Enns

Millie Gardner

Kim Hurst

Luca Janzen

Sameen Kaviani

Rosemary Koltun

Paris Musaphir

Shelby Sytnyk

Zoey Traverse

Gr 4 Thomson

Annick Beauchesne

Lea Chowdhury

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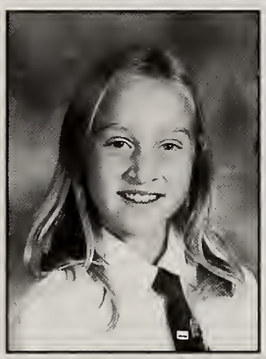
Jane Guberman

Emma Holeman


Cassidy Maidment

Bailey Robinson

Kirsten Rogers

Simran Roopra

Marley Smith

Alex Trann

Grade 4 Zimmerman

Miranda Baran

Leah Bernhardt

Victoria Davidson

Nicky DePape

Laura Ferch

Jessie McTaggart

Clarice Nguyen Hua

Alexis Ogaranko

Celine Richardson

Aurora Robert

Katie Roller

Dasha Silhova

Gr 5 McFarlane

Meighan Ambrosie

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Haley Cummings

Jocelyn Feltham

Alanna Flom

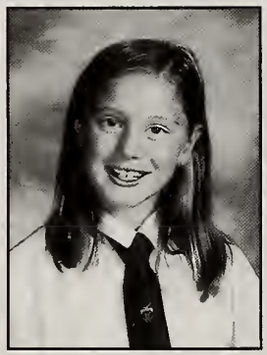
Zoe Haber

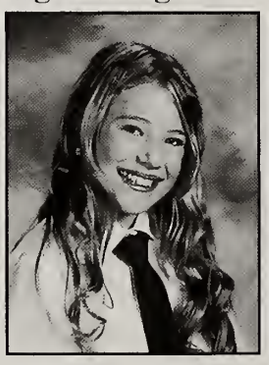
Paige Hastings Van

Claire Hughes

Cady Jessiman

Kaitlyn McIntosh

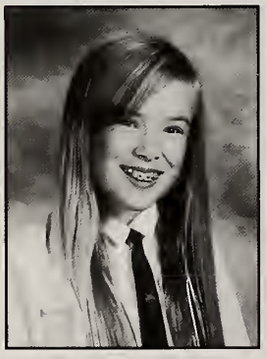

Celina Penny


Mollie Quinton

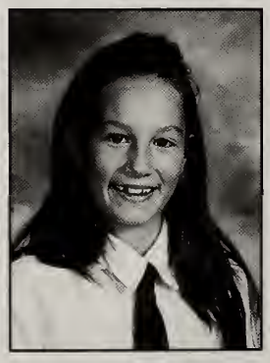
Nadia Schriemer

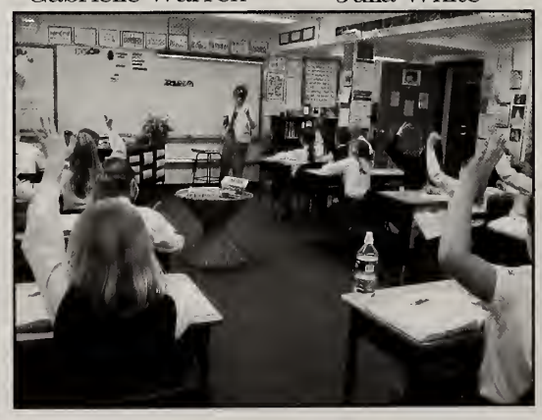
Hayley Stacey

Emily Steele


Hannah Taylor

Gabrielle Warren


Julia White



Gr 5 McCombs

Myam Aldabbagh

Madeleine Arbuckle

Alisa Borger

Meredith Chiu

Eva Downey

Josephine Gardner

Michelle Haché

Katherine Hastings Van

Alida Hughes

Kaitlyn Scott

Talia Smith

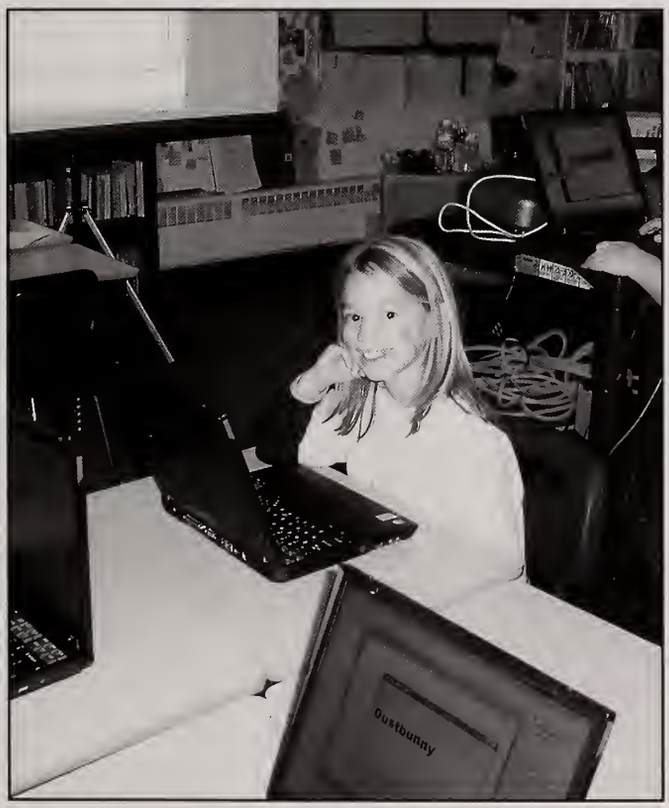
Robyn Tays

Brianna Turner

Rainah Uhl

Nicole Vishnevsky

Amanda Wong



Grb Cook

President: Vice President: Sports Rep:

Zoe Goldman Bryanna Sherbo Vanessa Bermisa Louné Blom Anna Evans-Boudreau

Kady Evanyshyn Jaclyn Flom Madison Harvey Erika Ilse Kathleen Kopp

Kara Langley Madeline Lischka Kennedy Maidment Sarah Sytnyk Marissa Woods

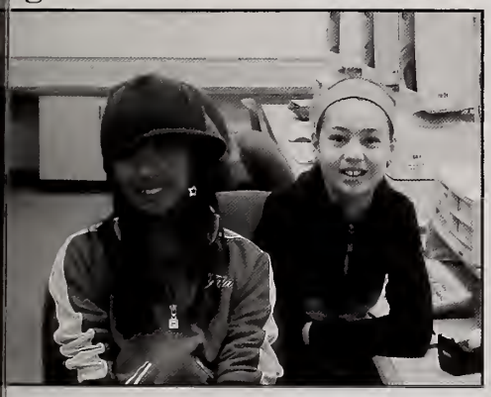
Grb Choichinov

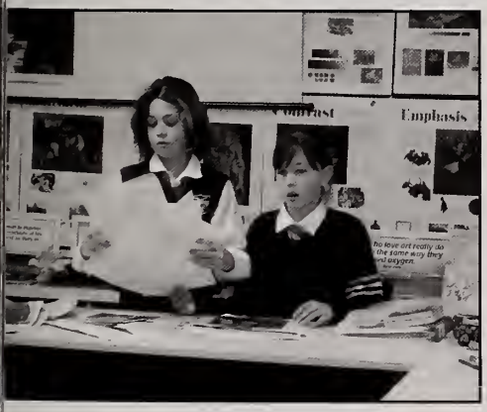
President: Vice President: Sports Rep:

helle Prendiville Bryn Koehn Ella Thomson Khadijah Aldabbagh Emily Ferguson

llian Hedden Aynsley Hodge Nika Korpesho Samantha Moreau Luxmy Navaretnam

rgan Rathwell Ella Steele Allessandra Turner Nicole Van Hove Alexandra Wade





Grade Thordarson

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Katrina Barkwell

President:

Hannah Scott

Vice President:

Natalia Lemus Gómez de León

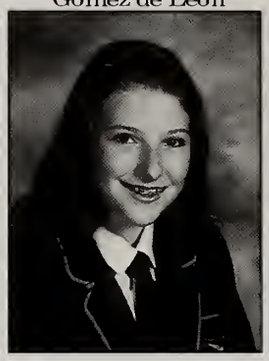
Sports Rep:

Roberta Madrazo Ibarra

Robyn Brar

Hye Joon Cho

Alexandra DePape



Stephanie Enns

Shea Gaynor

Antoinette Karam Nader

Leanne King

Kaitlin Robinson

Hannah Shiffman

Simran Singh

Caroline Steele

McKenzie Trann

Noelle Verry

President: Vice President: Sports Rep:

dget Bicknell | Su Ji Kang | Katherine Bouchard | Gabriella Balog | Ashley Buckle

nara Davidson | Regina Davila | Alexandra Jessiman | Sydney Jones | Emily Kesselman

cka Müller Morán | Paige Nuttall | Elizabeth Pappas | Jackie Sesin Canavati | Shannon Sifert

ttany Simmons | Natalia Villaseñor Gutierrez | Cecilia Wannan

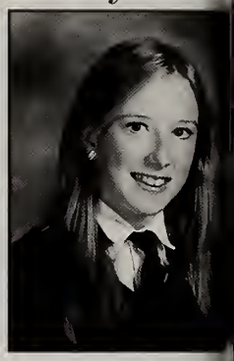
G 7 KOWAL

Grade Model

President: Vice President: Sports Rep:

Cella Rousseau | Adriana Sly | Danica Avery | Rebecca Alexander | Natasha Cobb

Hannah Darrach-Cottick | Camille Dixon | Maria Fernanda Covarrubias Lopez | Alina Fronjosa | Haley Koehn



Allison Kowalchuk | Marikka Lee | Juliana Loewen | Shaylyn Maharaj Puliah | Celeste Main

Palmer Nowak | Lauren Peake | Maria Perezanta | Chloe Vickar | Elizabeth Whit

Grad Haffenbrak

President: Vice President: Sports Rep:

Katie Eva

Carmen Provinciano

Amanda Stegmaier

Isabelle Anderson-Gregoire

Carleigh Balciunas

ulina Beltrán
lessio Robles

Megan Clarke

Edurne Fernandez

Breanne Fredette

Layla Freig

lleen Furlan

Rachel Goldman

Jennifer Horch

Cody Keith

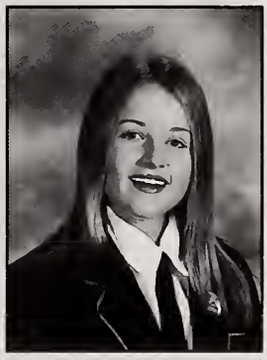
Chloe Kjernisted

lsey Lacombe

Emily Lennox

Lauren Lischka

Andrea Madero


Madison Maidment

rianna Militano

6 7 9 McDonald

President: Vice President: Sports Rep:

Sean King Erica Prefontaine Dean Shelby Szarko Malak Abas Alyssa Ambrosi

Sydney Bicknell Emily Campbell Hyeon-Seon Gang Christine Harms Chih-Heng Hsia

Jia Wen Huang Rachel Joanis Megan Martins Da Ponte Eileen Newman Krystal Nguyen Hu

Jacklyn Prendiville Michelle Rebeck Anna Savard Rebecca Sherbo Madison Stewar

Hannah Stinson Victoria Taylor Chantol Thompson Erika Thunder Stephanie Webste

President: Vice President: Sports Rep:

tiana Rafter | Zara Goldberg | Elise MacDonald | Siba Abas | Celina Brown

ige Danowski | Stefanie Goldberg | Charlie Gray | Hannah Johnson | Keely Jones

becca Kremer | Yu-Ping Lee | Yu Meng Liu | Yiou-Hua Lu | Allison Love

xandra Martin | Jaunty Morden | Toria Rankin-Friesen | Alexa Solomon | Miranda Thorne

Erika Ulrich | Fatima Warraich | Kelsey Watchman | Carlee Wilson | Julie Yan

G79 KERR

GR 10 SHYKA

President: Vice President: Sports Rep:

Kristin Cockerill Erica Siddall Bronte Charette Yasmine Attiyat Elda González-Bravo

Katrina Hoffmann Elsemari Jacobs Talia Joundi Amanda Kaufmann Eun Jin Kwak

Gloria Kwok Sena Lam Michelle McFadden Ariana Meyers Tiffany Mok

Tina Nakoulas Sinthuja Navaretnam Ericka Rankin-Friesen Angela Reimer

Sarah Scott Vanessa Singh Lauren Smerchanski Kelcey Wincha

President: Vice President: Sports Rep:

rew Evenson

Ksenia Ogolikhina

Breann Frykas

Layal Abas

Valerie Beynon

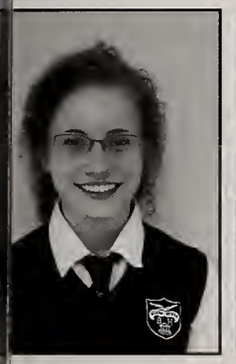
ristie Branton

Chelsea Chimilar

Julie Clark

Vanessa Comeau

Kayla Fernandes


shley Fredette

Leanne Glass

Talia Glodjo

Jessica Goldberg

Stacie Kashuba

ephanie Kelsey

Haneul Kim

Caitlin MacDonald

Charissa MacLeod

agandeep Sidhu

Sung En Wei

Katie Wilson

GR 10 WILKES

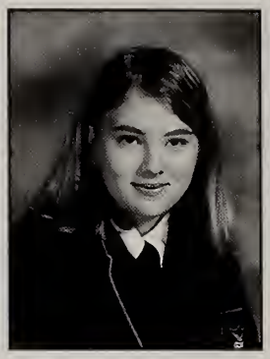
Grad Frieseen

President: Vice President: Sports Rep:

Caitlin Brock

Shereen Samimi

Jenna Brown


Megan Alexander

Marfisia Bel

Callie Blank

Grace Boyd

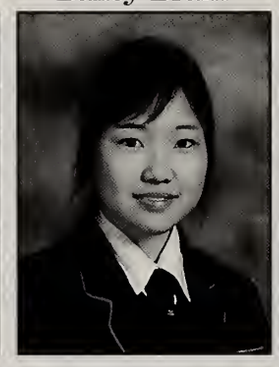
Bailey Bram

Lo Kai Chan

Rachel Cosman

Nora Fien

Mira Fister-Tadic


Sola Han

Chelsea Illchuk

Seel-Gi Jun

Ashlyn Kettner

Kylie Klassen

Krupa Kotecha

Ka Yan Leung

Erika Mitchell

Danielle Rubin

Erica Scharfstein

Michaela Vickar

Nan Xiao

Natasha Zloty

GRADE 11 DEBLONDE

President: Vice President: Sports Rep:

nnah Korsunsky

Saira Abdulrehman

Roxanne Ilagan

Elissa Brok

Alexandra Campbell

Jamie Holt

Kali Kazina

Diandra Kennedy

Stephanie Lawson

Yu-Chieh Lee

Nadine Lowes

Nellie Minshull

Macy Morden

Shawna Olson

Kyleigh Palmer

Holly Penman

Kristi-Lyn Pollock

Victoria Schaeffer

Rachel Solomon

Shanleigh Thomson

yler Van Denakker

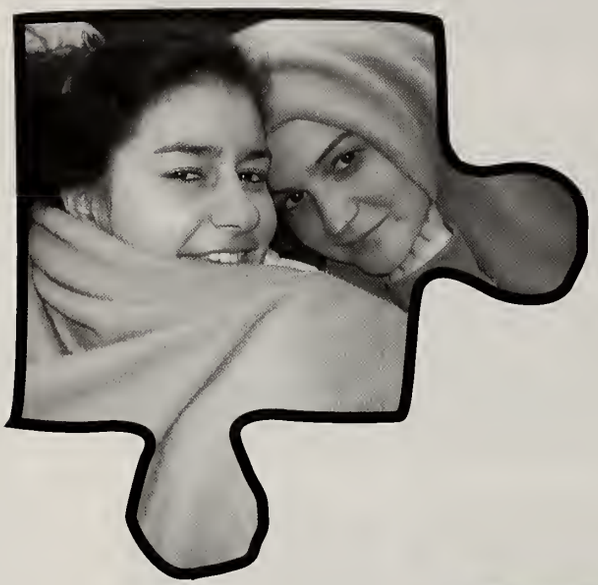
Courtney Weinstein

Kristine Wilson

Robyn Zajac

Olivia Zaporzan

United Residence



MESSAGES

Sze Ki Wong
Residence Prefect

I want to thank you for such a wonderful year and also a big thank you to all the staff who worked so hard to help us have a wonderful year in residence. I can't believe I'm finally graduating. During the past four years, I have learned how to manage my time effectively, be respectful and patient. I know how difficult it is to live far away from home but we have all come together as a family. Finally, thank you for the opportunity of being a Residence Prefect. I have wanted to be a prefect since grade 9 and I hope that I have been of help to all of you. Though we are now going our separate ways, I will always remember you guys.
Good luck and keep in touch.
Kimi, Sze Ki Wong

Vinnipeg **Hearing** Centres

Martina Seckendorf
GAP student

"orking in Balmoral Hall Residence is like having 62 little sisters", is what I keep telling my friends at home. Never in my life will I forget t 10 months I spent here in the BH family. Even though work was exhausting sometimes the fun and laughs I had here outbalance t t by a lot.

e experiences I gained in Canada are really great: I got to do all the fun activities and work with girls from all over the world with erent cultural background who taught me more than they might think. I could work in school which has always been a dream of ne as well as the awesome work with the theater production. But much more important – I worked together with the most awesome workers I could wish for. Even though I am living on the other side of the world, I feel at home here.

er living in this family I'll never forget:

ere are good ships,
d there are wood ships,
e ships that sail the sea.
t the best ships, are friendships,
d may they always be.

Tracy Smith
Director of Residence

he year is quickly drawing to a close. By the time you read this message, a new school year has begun and many of you have moved on university, the workforce, or have returned home to continue school.

ne thing I have learned working with the residence for ten years is what a profound impact it can have on everyone who lives in rez. It a place where very special bonds are developed, a place where you have learned how to be more independent, to live with roommates, nd a place where you can get up less than 5 minutes before you have to be at school and make it on time!

always find these messages difficult to write, especially when I am saying goodbye to those of you that have been here for four years. ver the years you have all grown to be like my own daughters. I have watched you grow and mature and blossom into extraordinary oung women. Kimi - you will continue to hold a special place in my heart. You are a very charismatic and dedicated rezzie! Jina - we ave had our challenges over the years, but you are such a wonderful young lady, with both the talent to warm our hearts through your mile and your beautiful art work. Julia – what I will remember most is how you have grown into a very confident and beautiful person. rom the way you carry yourself to the way you dress, you are all grown up.

ome of you will be leaving after spending only a short time with us. I know you will have many successes. You have a strong support ystem, both with your family at home, as well as with your BH family here. Know that we will always be a part of you and will always e here for you, no matter how far away you are.

lease keep in touch and let me know how you are doing and where you are.

will not say goodbye… but rather… …..until we meet again!

Love Miss Smith

MULTICULTURAL

Celina Brown performed a traditional Indian style dance

A group of girls presented an Australian exercise

Shawna Olson performed a traditional jingle dance

Shalyn Maharaj-Poliah created her own Bollywood style dance

This year our multicultural assembly fell the week after women's day, and as a contribution to this we had many of the countries and cultures represented at our school prepare some sort of presentation that related to women in their country. We had countries from across the world do different performances such as dancing, singing, and dramatic skits. We spent many hours preparing for this assembly and it truly showed in our final performance. Through all of the hard work we were able to learn a little something about each other's cultures, and it created an even stronger bond between us all. We had tons of fun doing this, and I know a lot of us look forward to it next year! by Caitlin Brock

Everyone in residence sang a song to commemorate women

Mira Fister-Tadic presented rhythmic gymnastics in a traditional Japanese style

ASSEMBLY

Korean modern dance

Caitlin Brock, Miranda Thorne, and Mira Fister-Tadic presented a "Canadian" dance and represented famous Canadian women: Shania Twain, Roberta Bondar and Nellie McClung

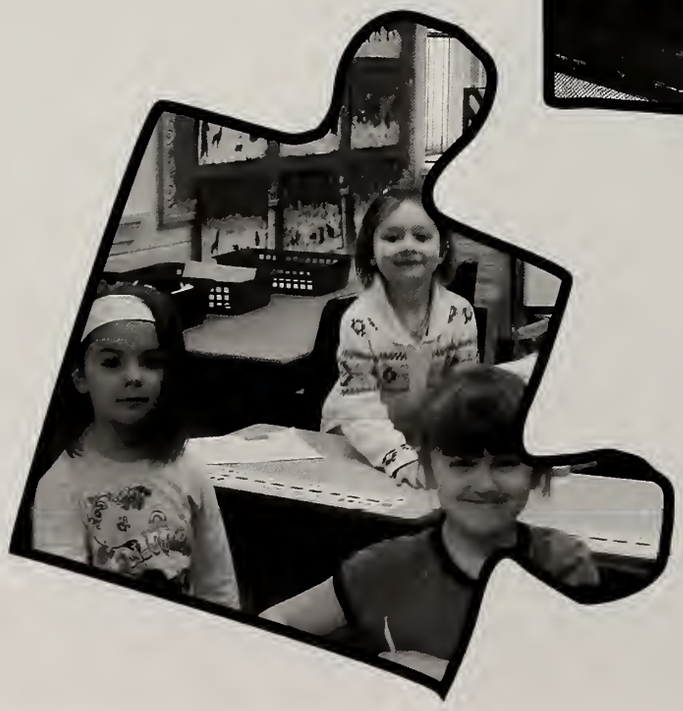
A group of girls performed a modern Mexican style dance

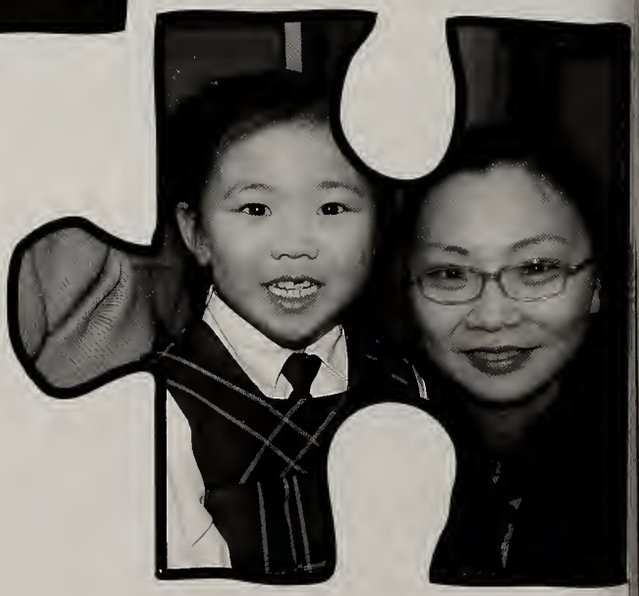
Kimi Wong, Karen Leung, and Jessie Lee perform the "new" version of Mulan

LIFE In

RESIDENCE

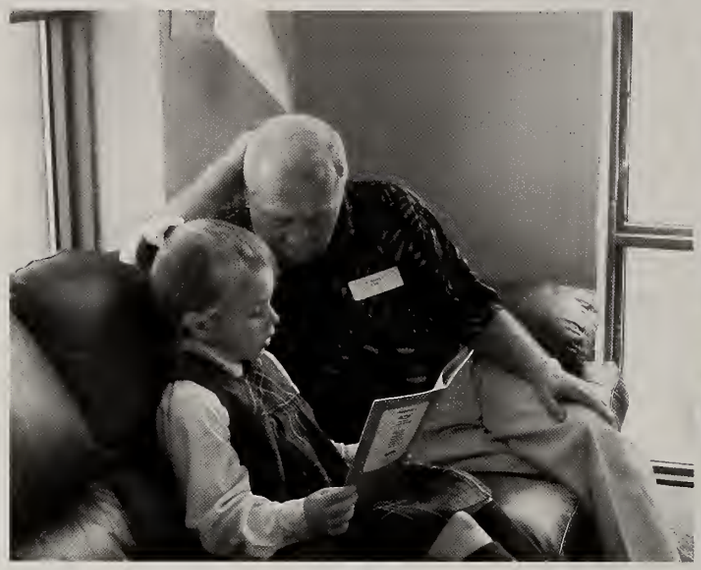
Unique Junior School





Grandparent's Day

Kaitlyn McIntosh



Kate Hokanson

Cady Jessiman

Mentor Buddies

Alida Hughes and Brianna Turner showed off their Sun Saftey packages

Stefania Campanelli, Lauren Melnyk, Anika Moran and Lia Loewen worked hard on their Sun Saftey Bracelets

Nicola DePape took great care in making her Valentine for the Troops

Avery Shtykalo and Kelsey Lacombe worked together on their Valentines

Victoria Taylor and Cassidy Maidment had fun making their Valentines together

MUFTI

Kirsten Benidickson, Pema Davis, Lindsay Speirs, Anika Moran, Jenni Pham and Alex Beck sang the "Spirit Song" in their classroom after the Girls for the Cure rally

Alex Beck and Lia Loewen were enthusiastic cheerleaders

Celine Richardson and Leah Bernhardt looked spooky on Halloween

Jane Guberman and Annick Beauchesne dressed as a washer and dryer

Madison Lacome dressed as a cowgirl for the Yahoo Barbec

dia Holeman and Grace Speirs at the Halloween Party

Lindsay Speirs

Ryker Musaphir, Evan Toth, Christopher Gage

Mrs. Steek and Mrs. Christie in silk and flannel!

Audrey Bicknell looked sweet as a gingerbread cookie

Zoe Haber lent a hand

The girls and Mr. Benidickson were dressed for the party

Grade 1s enjoyed pyjama day

FIELD TRIPS

Grade 2
Community Study
field trip

Left: Hannah Baran,
Jillian Burron and
Taylor Maidment

Right: Claudia Venevongsa,
Naia Dias-Gwyn and
Moira Kennedy

Kirsten Benidickson climbed
out of a vole hole on the field
trip to Fort Whyte Centre

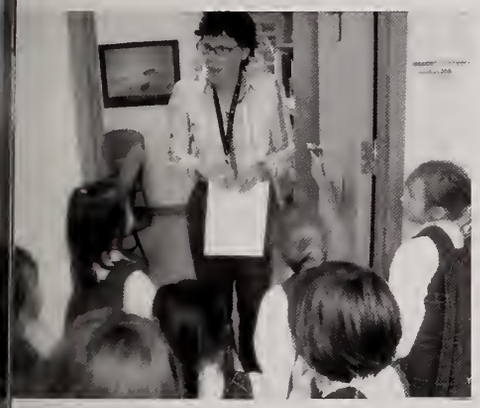
Dipnetting for creatures is
always a great adventure

Grade 1 students gathered on the vole tunnel at Fort Whyte

Lia Loewen and Claire Meier had fun at the skating party at the Winnipeg Winter Club on Activity Da

Special Guests

ade 1s were visited by a police service dog and his master



e Kindergartens were very interested in the rules that Mrs. Kamins said the "big girls" have

s. Christie visited the Kindergartens to explain her job to them

Grade 1 students present a cheque to the National Service Dogs

Lori Wiebe from the Manitoba Wildlife Rehabilitation Organization with Dakota Cull during a visit to the Animal Lovers Club

Bin Dong visited the Kindergartens to explain her job to them

The Grade 5 students gathered around after a presentation

The Grade 1s were delighted by a visit from author/illustrator Jared Barber for I Love to Read month

The Kindergartens had to wear hair nets when they visited the kitchen

Richard visited the Kindergartens to explain his job to them

SPECIAL

Natalie Bennett, Allessandra Turner, Ainsley Hodge, Bryanna Sherbo and Zoey Goldman had a great time at the Yahoo Barbeque

Alarey Loyns on the 100th day of school

Junior school girls were all dressed up and ready to perform

Mrs. Sumerlus got ready to become soaked

Friends pose with their creation

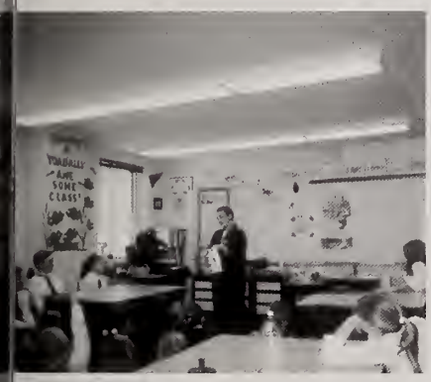
Jaclyn and Alanna Flom with Rachael and Serena Buchwald at the Yahoo BBQ

Girls enjoyed the laptops in class

Events

Mr. Zimmerman in the dunk tank

Mrs. Kowalec instructed self portrait paintings



Grade 5s learnt how to save the world

RCMPs "The Big Cheese"

Grade 3 threw down their stuffed animals to test gravity

Junior Kindergarten students included stuffed animals in their assembly presentation

Mrs. Sprange's grade 1 class

CHOIRS

Grades 1-3 Choir

Grade 1 to 3 Choir

The Grade 1 to 3 choir performed at the Remembrance Day Assembly, the Holiday Concert, the Music Festival, Grandparent's Day Concert, Family Luncheon and Closing Ceremonies. The Grade 1 to 3 Choir received a gold standing at the Music festival in March as the girls pursue excellence in choral singing.

Grades 4-5 Choir

Grade 4 to 5 Choir

The Grade 4 to 5 choir has performed at the Remembrance Day Assembly, the Holiday Concert, the Music Festival, Grandparent's Day Concert, Family Luncheon and Closing Ceremonies. They received a gold standing at the Music Festival. This year they also had the privilege of joining together with the Middle and Senior School Choir on two occasions.

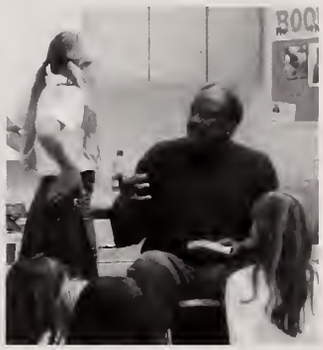
Bell Choir

Hand Bell Choir

The Hand Bell Club practices weekly at lunch time. They have performed with excellence at the Holiday Concert, the Doll Assembly and Closing Ceremonies.

LIBRARY

Grade six and seven students were an attentive audience for Canadian author Hadley Dyer, who explained the research behind writing fiction as well as non-fiction



Christopher Paul Curtis (winner of the Newberry Medal and the Coretta Scott King Award) entertained the grade fives and kept their teachers laughing

All the grade ten girls read True Confessions of a Heartless Girl for summer reading and had the opportunity to speak with the award-winning author, Martha Brooks

Fred Perrin, author of Rafi's Song, spoke about the writing process and everyday miracles to the grade six girls

ASSEMBLIES

The grade 5 girls celebrated their graduation from elementary school

Alex Trann read to her reading buddy Pema Davis

Payton Bell, MacGregor Goodman, Lindsay Speirs, Kirsten Benidickson, Jennie Pham, Alex Beck, Anika Moran, Lia Loewen, Pema Davis made cranberry bread at Thanksgiving

Kindergarten girls took an "It comes from a tree" interactive outdoor quiz to see how much they knew about trees

Alex Beck played Anne Sullivan and Lia Loewen played Hele Keller in the "Making Sense of Our Senses-Life of Helen Kelle play

Grade 1s "Peace on the Playground"

Grade 1s "Bird's Eye View of the Classroom"

The grade 5s dressed up during their study of notable women

Maya Schwartz
and
Jillian Burron
showed off their
shoe box
habitats

LET'S GET

The Blazers warmed up for Track and Field training

Kirsten Rogers did a handstand in the gymnastics unit

Evan Toth leaped his way through the obstacle courses on sports day

Marie Silhova showed off her skills at limbo

Blazers track team had an inspiring pep-talk

PHYSICAL

The Kindergarten to Grade 3 students enjoyed a game of street hockey

Claudia Venevongsa and Jillian Chiu

Aasiyah Siddiqui jumped her way through hopscotch

Bailey Robinson ran in a Knights of Columbus race

The girls relieved their stress by participating in yoga

FAMILY LUNCHES

Jessica Sui

Payton Bell

Anika Moran

Kirsten Rogers, Alexandra Trann, Katie Roller

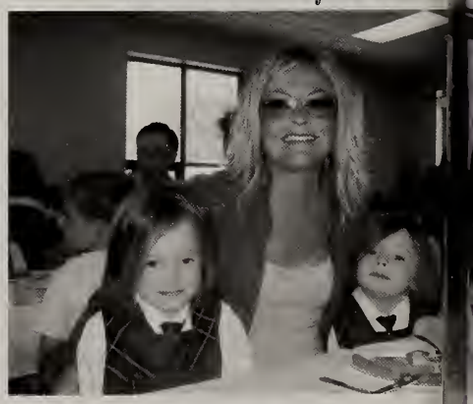
Reese and Wynn Precourt

Rachael and Serena Buchwald

Victoria Davidson and Bailey Robinson

Pema Davis

Lia and Samuel Lowen


Lindsay and Grace Speirs

JUNIOR SCHOOL HIGHLIGHTS

Payton Bell worked on her Story Vine with two grade 6 girls who met with grade 1 girls for 2 sessions to complete a story vine about a special "item " that is being passed down in the family the story vine was constructed after doing an author study of Patricia Polacco and reading a very special book called "The Keeping Quilt"

Mrs. Borodkin's class proudly shared their self-portraits at a Junior School assembly

Morgan Dubyts, along with all of BH, made Valentines for the troops to lift their spirits and send thoughts from "home"

Alexandra Beck and MacGregor Goodman clearly enjoyed lunch with their dads

Iota Cull, Paris Musaphir and Luca Janzen from Mrs. Konykstuck's class worked on flower arranging with Mrs. Kowalec

Sammie Frost, Katelyn Battad and Sarah Kowall shared story vines at assembly

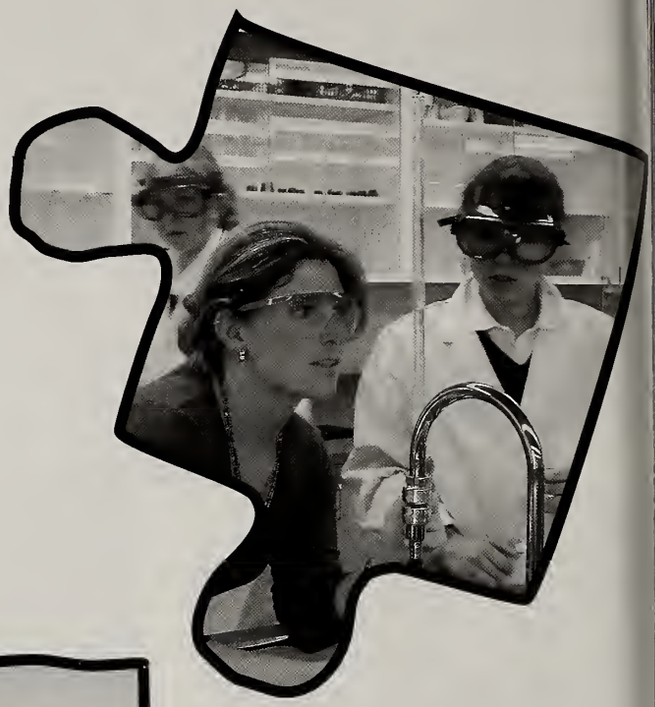
Dasha Silhova, Leah Bernhardt and Katie Roller at the grade 4 International Tulip Study Activity

Christopher Gage and Evan Toth created a toy using the lego for their Toy unit of inquiry

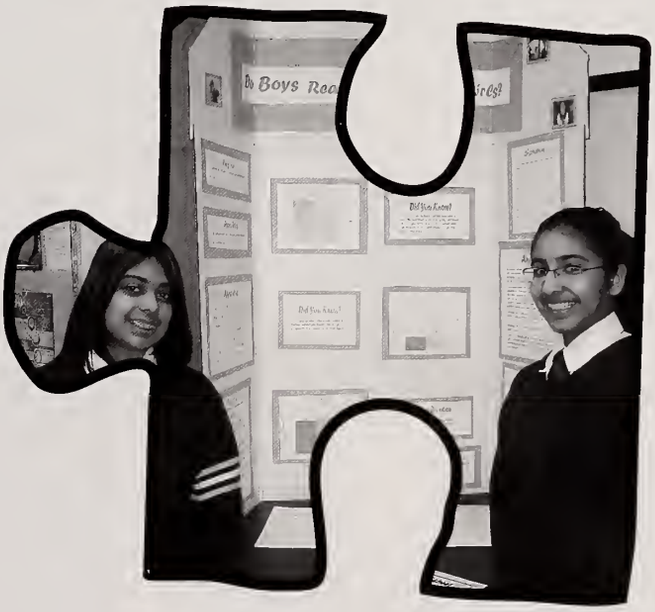
Students from Mrs. Thomson's grade 4 class tested the musical instruments that they made during their Sound Unit in science class

Amy Johnston discovered something amazing as a newsmaker

United Middle and Senior School

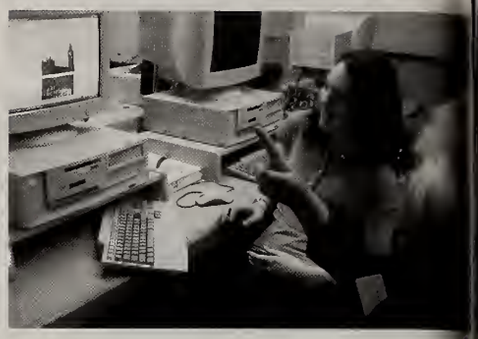


Manitoba Historical



Grandparent's Day

McKenzie Trann and her grandparents tracked the route of the production of a can of cola

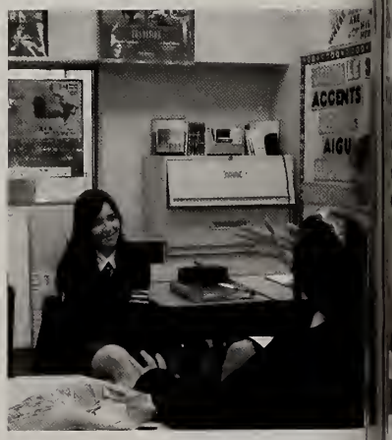


Megan Clarke made a personal web page with her grandpare

Rachel Cosman and her grandparents did a team building a trying to make a marshmallow tower

Alyssa Ambrosie led a Spanish Bingo game as her sister Meighan and her grandparents played along

Kristin Cockerill and her grandmother donned safety glasses to determine the reaction rate of a substance under different conditions in Biology class



Madame Goldberg was put to the test as Stefanie Goldberg brought her grandparents to French class

EUROVIBE

Sharon Clarkson and Shanleigh Thompson partied the night away

All the girls enjoyed the dance

St. Paul's guys had a blast

Everyone had fun making a human train

Tom, Devin, Ashley Fredette, Julie Clark, and Christie Branton

K. Langrell, Airyn Lancaster, and Hatch worked in the canteen

Claudia Muller, Paul Beckta, Brittany Siemens, and Cory Dyck

Girls and guys had fun together

ASSEMBLIES

The prefects introduced the theme for the year: Unique, United, Unstoppable and showed their enthusiasm with a dance performance

Middle and Senior school prefects

Grade 11s performed a dramatic performance for Rememberance Day

Leah Werier played the part of a BH mouse while the other prefects tried to cooperate to catch her

The senior and junior choirs sang on Rememberance Day

Head Girl Robin Jacuzzi and School Captain Stefania Campanelli addressed the student body before the other prefects "crashed" into the assembly

Carmen Provinciano won a GIANT chocolate bar

ll man, Madelaine Stefanik, and Julie Klein led everyone in a cheer

Students listened as announcements were read

Grade 4s honoured Team Manitoba

am MB displayed posters they were taking to Yellow Knife

A Valentine's gift from the Men of BH
After a very entertaining performance, the MEN flexed their guns for the camera
Dr. DeBlonde, the Adonis of the performance, demonstrated his "physique"

Mrs. Sumerlus welcomed everyone to a new year

Peggy the Polar Bear came to introduce the Canada Games

Team Manitoba was prepared for the Games

Invited Guests

Mrs. Kowalec with Keith Levit

Mrs. Hafenbrak's homeroom with Ace Burpee and Chrissy Troy

Dragon Boat Team Chemo Savvy with their mascot

Caitlin Brock, Natasha Zloty, and Madeleine Arbuckle, all students and staff received a special charm bracelet

Michelle Prendiville, Bryanna Sherbo, Zoe Goldman, and Bryn Koehn showed CESI the "Best Friends" song

The girls presented their fantastic faces

d came for Valentine's Day

Captain Skuce for
Rememberance Day

Celina Penny, Hannah Taylor and Chelsea Chimilar,
along with BH choirs sang at an assembly for the CESI team visit

Polly Craik,
the chair of the 2007 IIHF Women's World Hockey Championships

Peggy the Polar bear,
Mrs. Kamins and Mrs. Copp, and Coach Rebeck

Students helped out to make Sun Safe Bracelets
after listening to a speaker on skin cancer

Grade 11s with MP Anita Neville

BH gets information on the genetics of cancer

Mentor Buddy

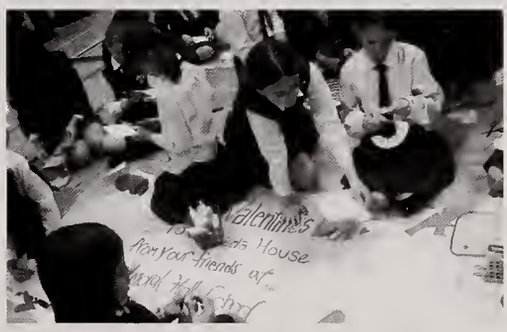
This year the mentor buddy time was spent not only to unite junior, middle and senior students but when they got together, they worked on projects that touched our school community, other schools in Winnipeg and even crossed the globe to touch the troops away from home. Shown here are some focal points that the students worked on. This year, so many junior school girls developed a wonderful relationship with their older mentors which was evident in the halls when they randomly passed each other during the school day. There were clearly some great role models in our school. We know that the older girls also gained from the younger girls' perspectives and enthusiasm.

U³ Hands

ACTIVITIES

FACES OF BH - FACES OF THE WORLD

VALENTINES FOR THE TROOPS



SUN SAFE BRACELET MAKING

RETIREMENT

Lauren Melnyk presented flowers to Mrs. Clarke

MRS. MARILYN CLARKE

Haley Koehn, Palmer Nowak, Allison Kowalchuk and Layla Freig spoke on behalf of Middle School to Mrs Clarke

MR. JOCK WARRINER

Mr. Warriner, "I'm really ugly when I cry!"

Emilie Anderson Gregoire presented the speech honouring Mr. Warriner

Celebrations

Mrs. Laurel McFarlane

Ashley Fredette performed a song that she composed for Mrs. McFarlane

Grade 5 girls sang a song especially for Mrs. McFarlane

Cady Jessiman presented flowers to Mrs. McFarlane

When you wish upon a star.....

Mrs. Susan Piper

Brooke and Jordan Burron presented flowers to Mrs. Piper

MAPLE

Maple students are introduced to their grade 3 buddies

Chihuri Suzuki, Mina Maeda, Mayu Suzuki and Shizuka Ozawa arrived at BH excited to begin their adventure on April 2

Fujita Oi and Azusa Kushima were greeted by Kerry Anne

Marina Osada and Yui Mochizuki experienced new foods during their stay

Maple students took a field trip to Fort Whyte Centre with their grade 3 buddies

Mina Maeda and Millie Gardner worked on origami cranes

Sara Ali, Mina Maeda, Yui Mochizuki and Millie Gardner showed off their successful creations

FOLDING ORIGAMI CRANES WITH GRADE 3 BUDDIES

Narumi Mochizuki

Niko Watanabe

Fujita Oi

STUDENTS

Kayaking adventure

Fort Whyte excursion

Eye to eye with a Manitoba bison

Angeles Morales Sánchez practiced Dance Dance Revolution with Fujita

Ve came to Canada to study English nd learn Canadian culture. We were ery surprised by how different Canada from Japan. We enjoyed living in the H residence and meeting and talking students from other countries. We ere lucky to have wonderful grade 3 ttle sisters. We have enjoyed our stay n Canda and BH.
y Fujita Oi

A visit at new friend Chelsea Chimilar's home

BH Blazers Hockey game with Mexican friends

Billiards in the Residnce

Mrs. Konyk-Pastuck, Anoushka Divekar, Mayu Suzuki and Ally Enns practiced Japanese numbers in chalk on the drive

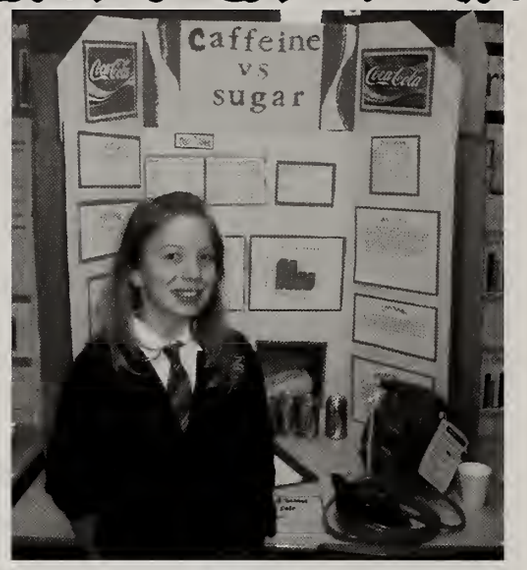
Outside residence with new friend Jenny Sumerlus

Science Fair

Elementary category
Chemistry
Gold: Ella Thomson
Best Overall Individual
Ella Thomson
How Much Salt?
-Conductivity to the Rescue
Health Science
Silver: Jaclyn Flon

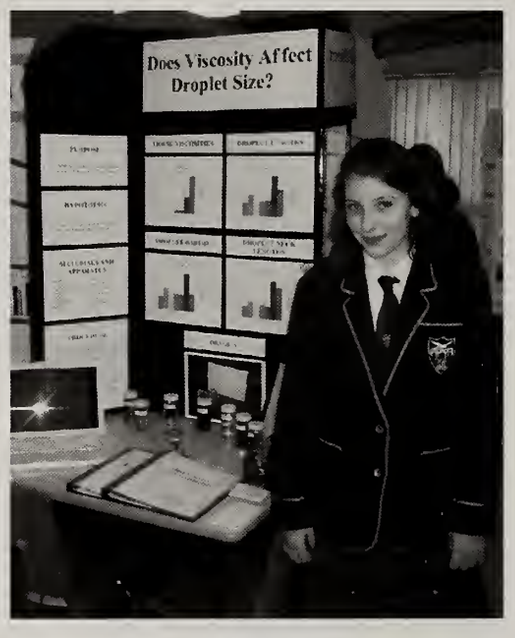
Junior category
Consumer Science
Bronze: Bridget Bicknell, Hannah Scott
Silver: Regina Davila, Jackie Sesin
MB Home Economics Teachers Association Award
Bridget Bicknell (Faded Laundry)
Health Science
Honorable Mention: Kate Bouchard
Bronze: Shannon Sifert
Physics
Gold: Stephanie Enns

Senior category
Environmental Studies & Earth Science
Gold: Shanleigh Thomson
Best Environmental Studies & Earth Science - Senior
Shanleigh Thomson
Kaolin Incorporation into Contaminated Beach Sand Reduces E. coli Growth

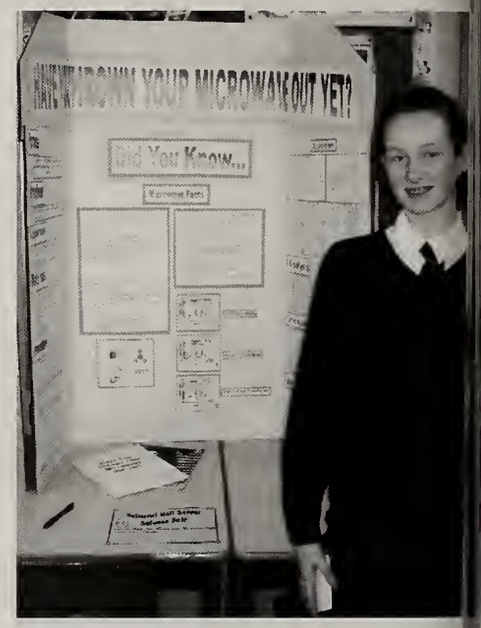


Kate Bouchard

Hannah Scott



Stephanie Enns

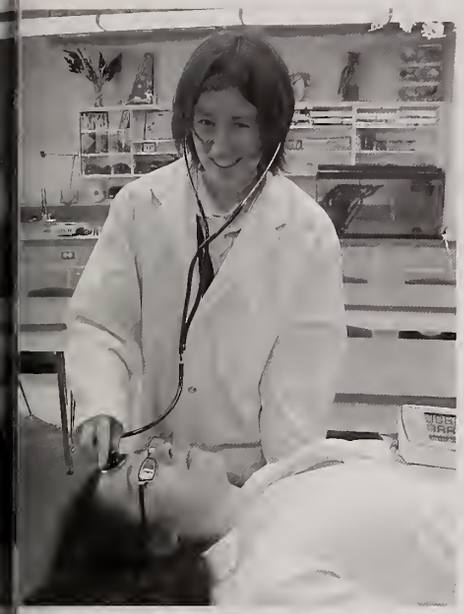


Leanne King

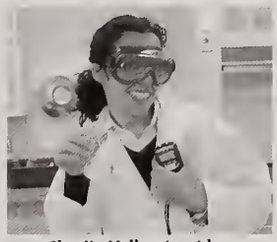
Mckenzie Trann and CC Wannan

Ashley Buckle and Elizabeth Pappas

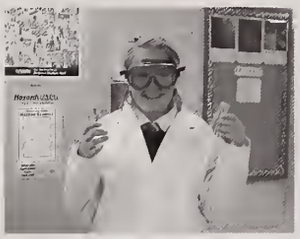
SCIENCES



lie Anderson-Gregoire asessed Claudia Muller's health in Biology Class



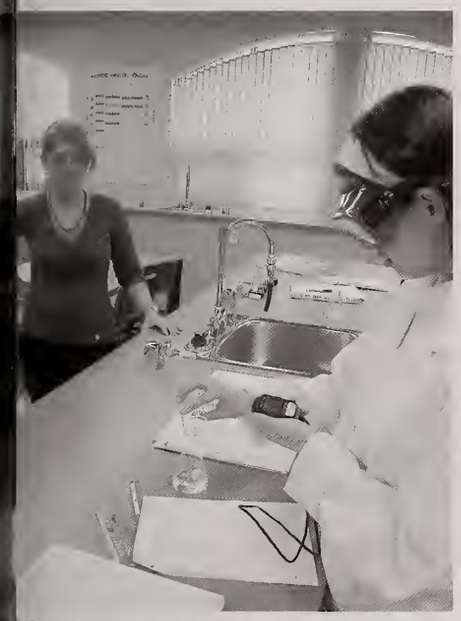
Claudia Muller timed her compound's reaction rate



Alex Campbell retrieved erlenmeyer flasks for her experiment

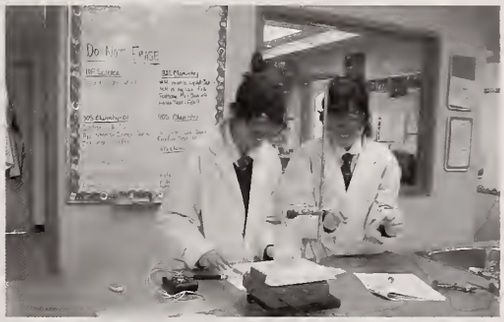
Sean King and Paige Danowski determined how much liquid a vapour could hold

Kathryn Marcynuk and Airyn Lancaster with Beaker proudly finished their Indicators Lab

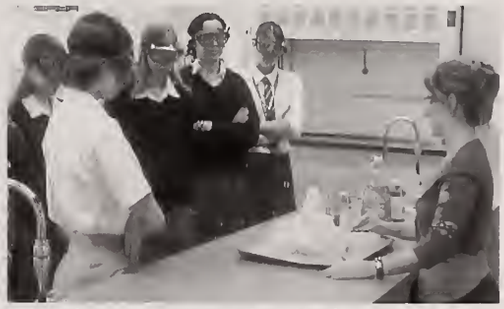


irk watched Emilie Anderson-Gregoire timing the reaction rate between two compounds

Dr. DeBlonde taught Grade 11 Physics



Karen Leung and Sola Han found the molecular mass of the volatile liquid.



Ms. Kirk demonstrated soap volcanoes to the Grade 12 AP class

Krupa Kotecha and Nora Fien tested for the molecular mass of a compound.

Eileen Newman, Christine Harms, and Allison Love filtered solution for a lab

Girls for the Cure

On October 5th, Balmoral Hall School hosted the 6th Annual Girls for the Cure run/walk in support of women's cancer. The day began with Middle and Senior School students attending a Guardian Angel Youth Awareness Forum. The forum included a presentation by Dr. Leigh Murphy that provided students with a fundamental understanding of what cancer cells are and how they develop and change within the body.

After lunch, the student body warmed up and teamed up with their mentor buddies in the Richardson Hall Athletic Centre. Exiting through the Chemo Savvy Dragon Boat Team's paddle archway, they ran/walked down the riverwalk to the Forks. Everyone then gathered at the Legislative grounds to present a cheque for $17,623.51 to Cancer Care Manitoba.

Balmoral Hall would like to thank the generous sponsors of this event: Arctic Glacier, Sodexho & Quintex

Ribbons of Pink

Students gathered in the gym with their buddies to warm up for the walk

A cheque was presented to Cancer Care Manitoba

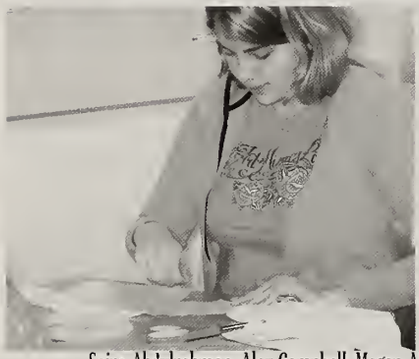
r school students enjoyed entertainment at the Legislature

Enthusiastic students streamed out of BH

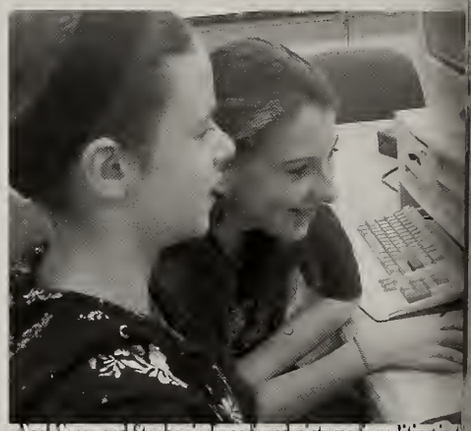
It was a great day for a walk along the river

Activity Day

Mrs. Hafenbrak taught students electronic scrapbooking



Saira Abdulrehman, Alex Campbell, Megan Alexander, Grace Boyd and other grade 11s worked on their dolls for grade 12s while Allison Kowalchuk painted for Staff Appreciation Week



Noel Verry and Stephanie Enns found pictures for editing in t scrapbooks

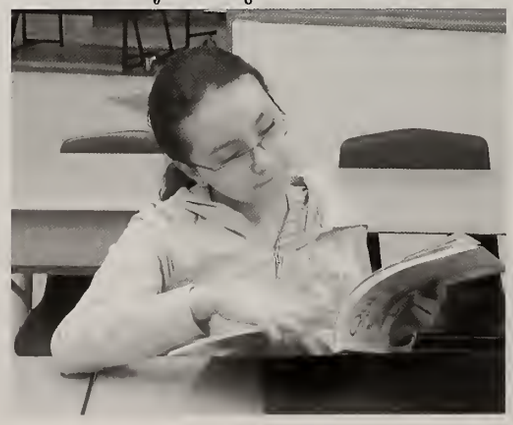
Eileen Newman took shots on Sean King

Alanna Flom and Haley Cummings played floor hockey

Alex Trann, Kirsten Rogers, and Simran Roopra talked during free time

Sarah Gage, Marley Smith, and Kirsten Rogers gave a giant hug

Khadijah Aldabbagh read her new book



Emily Kesselman planted flowers in the Greenhouse

Ski Trip

Natasha Cobb sped down the hill

Laura Murdoch and Robin Jacuzzi

Keely Jones, Alexa Soloman, Zara Goldberg, and Stefanie Goldberg

Natasha Zloty took a break to catch her breath

Ashley Buckle, Paige Nuttal, Bridget Bicknell, and Hannah Scott took their first ski lesson

Jenna Brown, Jamie Holt, Erica Scharfstein, and Stephanie Lawson

a Murdoch, Katie Haber, Robin Jacuzzi, and Emilie Anderson-Gregoire had lunch at McDonald's

Kelsey Lacombe, Elizabeth White, Andrea Madero, Natasha Cobb, Madison Maidment, Katie Eva, and Edurne Fernandez posed in the lobby

BHPA BBQ

The Yahoo Barbeque this year was enjoyable and entertaining! Family and friends enjoyed upbeat music, the fun theme and attire, great games, and delicious food! The amount of activities and food was overwhelming. This year we were even gifted with Krispy Kreme donuts and gelati, which were great treats for dessert. However, I'm pretty sure the highlight of the night was getting to dunk the principals into the water tank. The planners of the night deserve much applause for once again bringing the YAHOO into the barbeque!

Mrs. Steek came up for air after being dunked

Mrs. Kamins braced herself for the cold water

BH cowgirls posed with two officers from the Winnipeg Police Service on their steeds

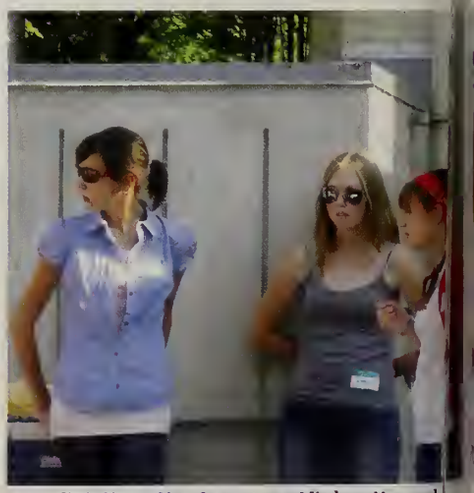
Mrs. Sumerlus sacrificed herself to raise money for the school

YAHOO!

The giant slide provided entertainment for everyone

Mexican girls hung out with their friend Drew Evenson

Kristi-Lynn Pollock and Sam Wauer checked out the gelati stand

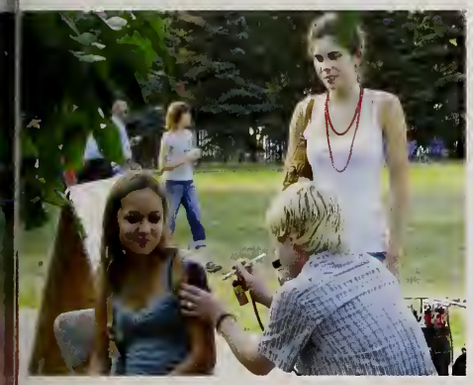


Katie Moore, Airyn Lancaster and Kathryn Marcynuk looked too cool

Grade 11's visited with old friends

The BH family had a lovely picnic

Administration and staff delighted in seeing one of the school's principals being dunked



atasha Zloty put on a brave face for her airbrush tattoo

Alex and Cody Jessiman got into the real "Yahoo" mood

Kate Langrell enjoyed giving Ericka Muller-Moran and Kaitlyn Robinson Krispy Kreme donuts

M regor Goodman and Sarah Kowall indulged in their food and prizes

Jennifer Horch, Palmer Nowak and Amanda Stegmaier agreed that the gelati was "muy bien"

The popcorn and snow cone stands stopped to get organized

very Hastings and Kimi Wong enjoyed their position at the popcorn machine

Ms. Smith, Ms. Wilkes and Mrs. Kerr shared a big laugh

Mrs. Provinciano and Mrs. Christie managed the famous Jar Bar

Renaissance Festival

In the stocks, Allison Kowalchuk was labelled a "Twit"

An elephant visited Kelsey Lacombe and Katie Eva

Lauren Lischka levitated ping pong balls at the Science Museum

The Grade 8's gathered around the Spoonbridge and Cherry at the Minneapolis Sculpture Garden

After our 8 hour bus ride and a stop at Mall of America, we went to the Walker Sculpture Garden and the Minneapolis Institute of Arts. We saw larger than life sculptures, 16th century paintings and even mummies. At the Science Museum of Minnesota we went to their latest exhibit called Body Worlds which showcase 200 authentic human specimens. We al watched a fascinating Imax Omnitheat film called The Human Body and afterwards we also explored some interactive displays. The highlight of our trip was a visit to the Renaissance Festival. As soon we walked into the Festival, we were ove whelmed by the sights and smells. There were shops galore, everything from wax figurines, to wood carvings, and chocolo shops. Jewelry makers, hair dressers an furniture makers were present. There were plays, jugglers and bands that we watched. While walking down the stree there were chances to try different craf and sample food. Sometimes we couldn even tell who worked there and who ju dressed up for fun. It was a great trip a it really put in to perspective what the Renaissance was like. Thanks to all the teachers who organized the trip and pu up with our craziness.

Elizabeth White, Madison Maidment and Kelsey Lacombe

Breanne Fredette, Andrea Madero, Gaby Perezanta and Paulina Beltran Alessio Robles

Lauren Peake, Celeste Maine and Rebecca Alexander at the Minneapolis Sculpture Garden

Leadership Conferences

rc 1 September 16th to the 22nd, Julie Klein, Madelaine Stefanik, Jill Penman and Mrs. Green attended the 22nd Canadian Student e ership Conference (CSLC) held in New Brunswick. We spent three days in Moncton for the pre-conference, where we visited many local tt ctions, and then we headed to Fredericton for the remainder of the conference. There we heard from many notable speakers, attended v shops and got to meet fellow student leaders from around Canada. It was a fabulous week and a great learning experience.

J Klein. Madelaine Stefanik. and Jill Penman celebrated with an enthusiastic cheer for Manitoba at the Canadian Student Leadership Conference.

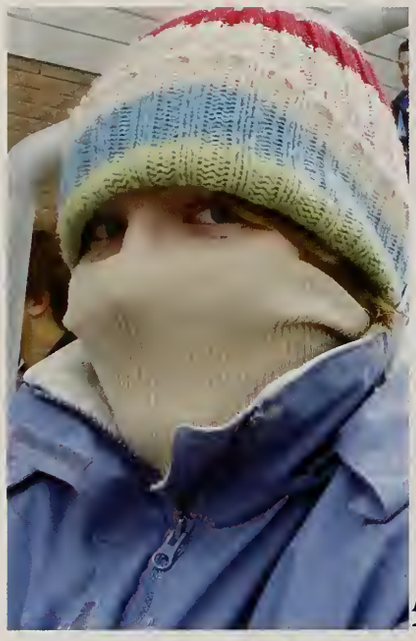
The Canadian Student Leadership Conference was one of the many conferences student leadership could attend. held in New Brunswick.

elaine Stefanik. Sarah Rybczuk. Julie Klein. Stefania Campanelli. Robin Jacuzzi. h Werier. and Brittany Siemens were at the Manitoba Leadership Conference hosted by Vincent Massey where The Reception performed.

Jill Penman. Madelaine Stefanik. Mrs. Green. and Julie Klein attended the Canadian Student Leadership Conferences.

A large celebration at the Canadian Student Leadership Conference.

St. Paul's Walk



Kate Langrell kept warm, all bundled up

Carlee Wilson joined in human foosball

Another year of fundraising, exercise and entertaining activities! This year we joined up with St. Paul's boys and St. Mary's girls for the annual St. Paul's Walk. The prefects organized fun activities for along the walk route and also back at St. Paul's. The weather held out and the day was a success.

BH, St. Paul's and St Mary's

Grade 10 girls had a blast

Walkers were provided with a welcomed bottle of water

Ms. Wilkes, Mrs. McGill-Horn, Mr. Kerr and Ms. Kirk supervised over a snack of excellent popcorn

Marianne Wei, Amy Lee, Tiffany Mok, Karen Leung and Jessie Lee walked together along the path

BH girls enjoyed the walk

Erica Siddall, Michelle McFadden, Talia Joundi enjoyed the band

Camp Arnes

Anna Evans-Boudreau, Morgan Rathwell, DJ Aldabbagh and Vanessa Bermissa made this survival tent

In September grade 6 students travelled to Camp Arnes, just north of Gimli. When we arrived, enthusiastic camp instructors, Glenda and Gord, greeted us. After the tour , we settled into our chalets, Silverbirch and Tamarack. We participated in numerous activities such as campfires and bannock eating, shelter building, communications, rock climbing, and archery. Some highlights were the hayride on the dusty trails, a visit to the nature center, where we interacted with all sorts of animals like the ferret Ellie Mae, guinea pigs, rabbits, and my personal favourite, Monty the python. We also pretended to be animals like wolves, hedgehogs, and porcupines in a game of Instincts for Survival, where disease, elements and predators were always threatening us. We were treated to a bonfire, marshmallows and hot chocolate. Ms. Chochinov brought her guitar and we sang camp songs around the fire. The food was great and the camp staff was amazing! We had an experience we will never forget in all our years, and I guess you could say we would want to go back. By Jaclyn Flom

Marissa Woods prepared to shoot an arrow

Charlie's Angels pose at the cabin

Sarah Sytnyk petted the horse after it led them on a hayride

YURT

In September the grade sevens went to Yurt Camp. It was amazing how much we did in two days. The instructors were great! We enjoyed doing all of the activities like rock climbing, canoeing, mountain biking, and hiking. I think the most fun we had was playing a game where we were a carnivore, omnivore, or herbivore. As you have probably already guessed, the carnivores can eat either the herbivores or omnivores. The omnivores can eat the herbivores and the herbivores just run! The instructors also played roles such as volcanoes, hurricanes, and earthquakes in the Boreal forest! The whole game was played up by painting our faces. We all loved canoeing and rock climbing. The biking was fun and challenging too. We enjoyed the meals we were served and the accommodations. We slept in a yurt, a tipi, or a tent. The whole trip was really fun, with the outdoor plumbing as an exception. It would be really fun to go back. By Noelle Verry and Stephanie Enns

Gabriella Balog made a new friend

Alex Jessiman and Sydney Jones

rittany Simmons, McKenzie Trann, Alex DePape, Sydney Jones, Kaitlin Robinson and Caroline Steele

Hannah Scott, Noelle Verry, Stephanie Enns and Hannah Shiffman

MUFTI DAYS!

Talia Glodjo and Michelle McFadden were ready for Girls for the Cure in their pink gowns

Madeline Lischka, Louné Blom and Anna Evans-Boudreau were spirited at the Halloween sock hop

Gabriella Balog and Elizabeth Pappas got all dolled up for Halloween

Fernanda Covarrubias, Antoinette Karam, Andrea Madero and Jackie Sesin represented Mexican traditional dance

Sarah Rybczuk, Kylie Klassen and Chelsea Illchuk were cozy on Pajama Mufti Day

Grace Boyd

Stephanie Enns

Carlee Wilson

Jessy Gao

Jessica Liu, Jessy Gao, Jess Lee, Amy Lee, Kimi Wong, Louise Lam and Sung En Wei

Sydney Bicknell, Hannah Stinson, Emily Campbell, Stephanie Webster, Madison Stewart, Chantol Thompson and Paige Danowski

Erika Ulrich, Miranda Thorne, Jaunty Morden, Jessica Liu, P. Danowski and Henrietta Lu

Pikachu and Stitch

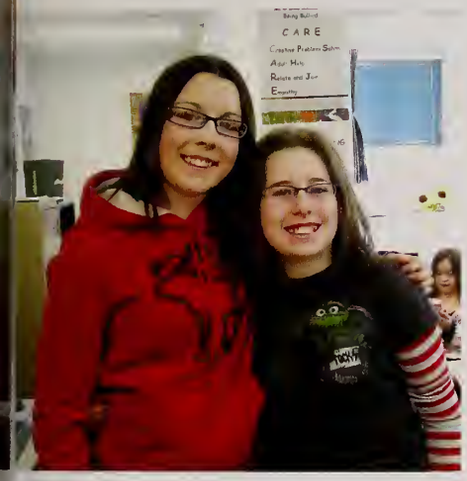
Aynsley Hodge, Bryanna Sherbo, Allessandra Turner, Luxmy Navaretnam

Nellie Minshull and Kaytlin Drews

Miss Kowal

SJR "boys" - Emily Campbell, Victoria Taylor, Allison Love and Stephanie Webster

Leah Werier



Ericka Thunder, Victoria Taylor and Madison Stewart visited their buddies to give them a Valentine treat

Middle School relaxed in their PJs

A variety of costumes were displayed for Halloween mufti day

Avery Hastings, Julie Klein and Jill Penman enjoyed the sock hop

WINS 2007

Robin Jacuzzi, Julie Klein and Maddy Stefanik at the sock hop

WINS Week was held to show new students BH's Unique, United and Unstoppable spirit with a sock hop, activities and great cakes, BH students joined together for a lot of fun.

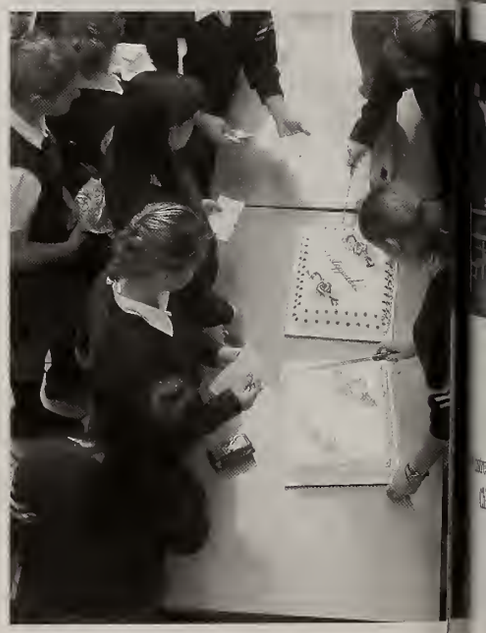
New girls Katie Wilson, Saleah Morrison, Breann Frykas, Kristine Wilson and Stacey Kashuba

Welcome In New Students

Kayla Fernandez dug into the cake

Jacklyn Flom, Maddie Lischka, Marissa Woods, Ella Thomson, and new girl Ella Steele had fun at the sock hop

Prefects cut and served the House cakes



A Bag Full of Peanuts

h year in middle school, our musical production was called "A Bag Full of Peanuts". Ms. Dow and Mr. Bud worked very hard to put gher a series of songs used in the original musicals, "You're a Good Man Charlie Brown" and "Snoopy". Some of these were "You're a od Man Charlie Brown", "Book Report", "Snoopy", and "The Doctor Is In". Everybody from grades 6-8 participated and enjoyed it a lot! he were three performances, all of which were done very well. We couldn't have done it without the help of Mr. Bud, Ms. Dow, Ms. oul, Martina, Mr. Crew, everyone who helped with lighting, and of course the cooperation of all the students. By -Nicole Van Hove, llon Kowalchuk and Haley Koehn

Shea Gaynor got her hair made up before the show

Mr. Krug played piano for the production

The students practiced long hours and it all paid off with a great show

ow instructed Haley Koehn and Chloe Vickar

HOLIDAY PARTY

Students and staff held a great holiday party once again for Mulvey School and Balmoral Hall students. The afternoon was filled with song and laughter. The elementary students made a reindeer craft and were helped by senior school volunteers. During the morning preparations, senior students made cookies that were later shared and eaten with hot chocolate. The students also enjoyed a show presented by Santa himself!

Mrs. Kerr, Audrey Bicknell, and Zoey Traverse took a break from the activities

Jill Penman handed out giftbags for the Mulvey Students

Claire Meier and Anika Moran show their hand-made reindeer.

Taylor Marriment, Samantha Machado, and Olivia Meier were crafting their special reindeers

Ashley Rebeck and Kaytlin Drews mimic their reindeer

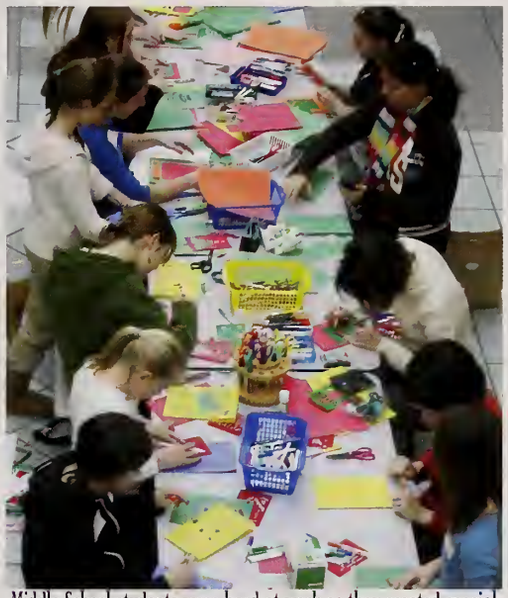
Students from Mulvey School participated in the action

Santa Clause aquired the help of a Mulvey student

Dr. DeBlonde, Robyn Zajac, Olivia Zaporzan and Megan Alexa delivered hampers

Day of Giving

Students generously filled hampers


Middle School students were hard at work as they created special holiday cards

Our annual Day of Giving was a delightful way to spend the last school day of 2006. It was a good reminder to all of us of how important it is to volunteer. The efforts of any one individual can make a difference. Together, students and staff gave their time and talents to the community.

The organizations that students and staff volunteered at were: Christmas Cheer Board, Winnipeg Harvest, Variety Club, The Salvation Army, Siloam Mission, Mulvey School and the City of Winnipeg Hamper Delivery.

Thank you to all who participated in this year's Day of Giving! Reports back to the school from the various agencies were very complimentary. Way to go!

iddle School students added finishing touches while they prepared for the day

Middle school students decorated gift bags

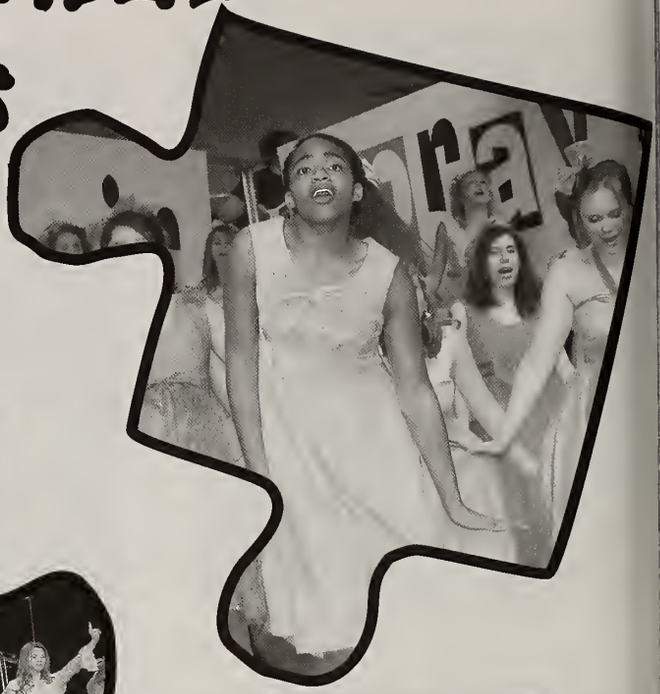
Lauren Lischka, Isabelle Anderson-Gregoire, and Madeline Lischka wrote personal holiday cards

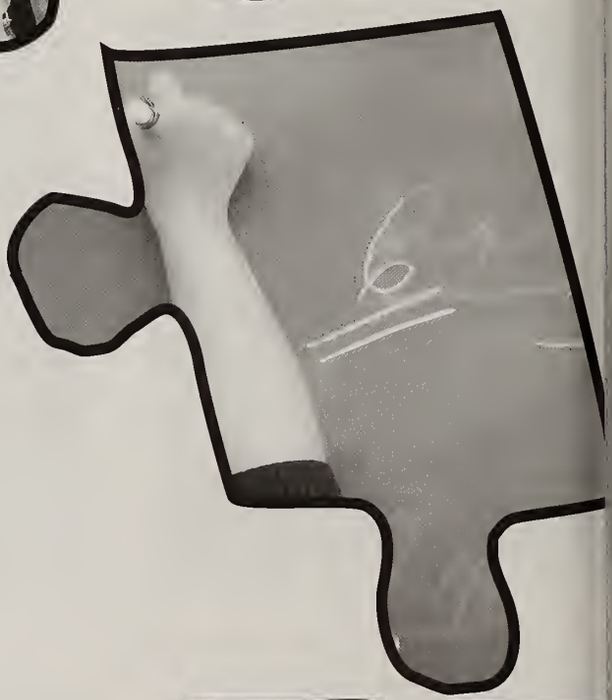
le School brought cheer to the residents of Misericordia place

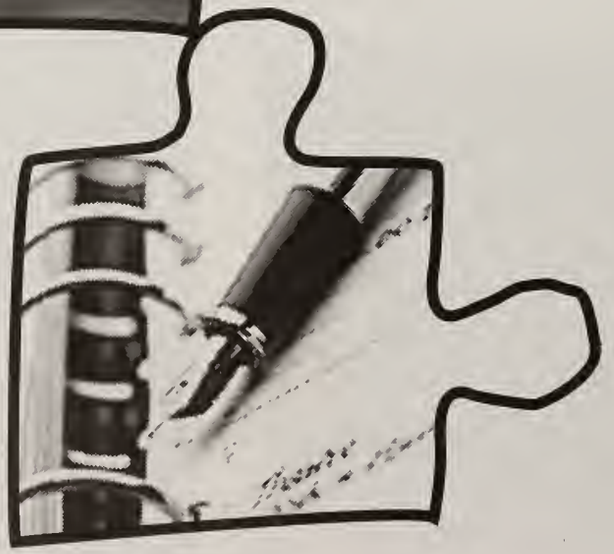
Edurne Fernandez and Fernanda Lopez Tolsa hold up the finished gifts.

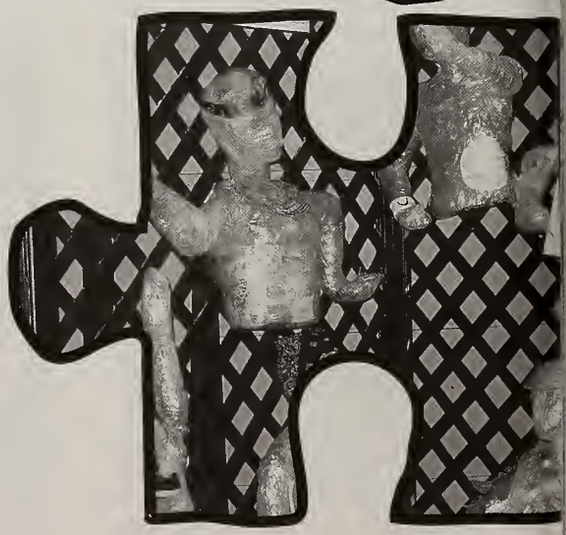
Ms. Dow supervised the wrapping session

UNBELIEVABLE ARTS









Every artist was first an amateur.
-Ralph Waldo Emerson

You Can't Stop

The cast enthusiastically performed in Hair Spray

Erica Siddall and Kelcey Winchar

Some singers assembled on stage before mic check

This year's senior school production was called You Can't Stop the Beat! It consisted of excerpts from three musicals: Hairspray, Rent, and Mamma Mia! The show included lots of dancing, singing, energy, and hard work. The performance was met with great enthusiasm from the cast, staff, and audience. Many thanks to all those who made the show possible and outstanding!

Hairspray

Girls danced to "Good Morning Baltimore"

Leah Werier sang " I Can Hear the Bells"

"The only thing better than hairspray...that's me!"

The cast posed in their colourful Hairspray dresses

Rent

The cast sang with emotion

Six girls sang "Will I" in Rent

THE BEAT!

An Lancaster, Katie Moore and Kathryn Marcynuk worked hard in the lighting booth

Marianne Wei, Chelsea Chimilar and Jessica Goldberg

Caitlin Brock got ready

The cast posed in their dazzling Mamma Mia costumes

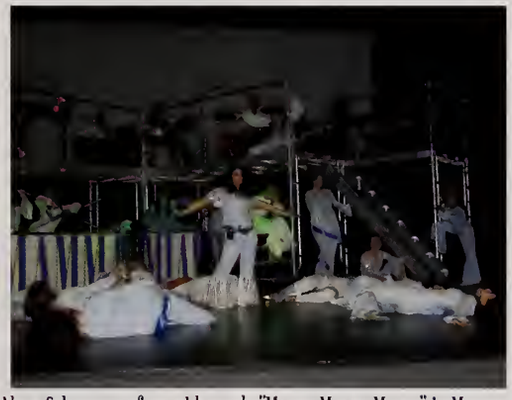
MAMMA MIA

Kristine Wilson danced her solo routine

Olivia Zaporzan sang "Super Troupers"

"Mamma Mia! Here we go again!"

The cast opened Rent with passion



Alexa Soloman performed her solo "Money, Money, Money" in Mamma Mia

A group of dancers moved to the music

Arts Prefect

Your voices fill the school with passion and your dance has added soul. Your art has made the halls of BH vivid.
Mrs. Kowalec, Mr. Bud, Mrs. Dow and Mrs. Sheps you provide the encouragement that creates art within us all. Thank you for all of your support this year.

Art has brought the school alive this year. Art has made this year full of beauty. As your arts prefect for 2006-2007 I hope you will continue your artistic expression whatever it may be.

Inspiration is everywhere.

Leah Werier

PERFORMING ARTS TRIP

We were all blown away by the musical production. Wicked. This was a phenomenal show and we were inspired by the performer's ability to fill the whole Oriental Theatre with their voices

We saw the quirky show put on by the Blue Man Group. This is a group of three "blue" men who put on a whole show without saying a word

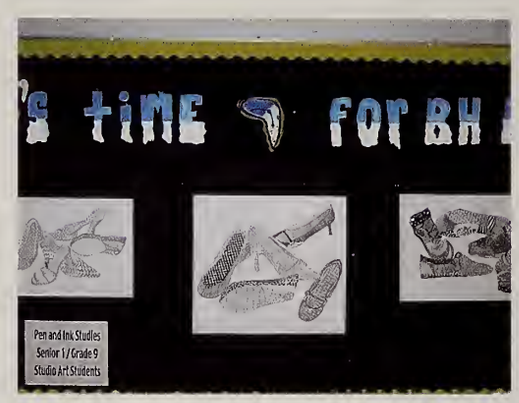
This year's Performing Arts trip to Chicago was incredible. We participated in ballet, jazz, modern dance and voice workshops. We attended four magnificent shows, Putnam Spelling Bee, Wicked, Blue Man Group and Second City Comedy. We walked for what seemed like miles to the King Tut Exhibit at the Field Museum. We dined on foods from "make your own stir fry" to "Chicago deep dish pizza", which was a real treat after a long day. The girls all managed to shop on all floors and in every store on the Magnificent Mile. It was an unforgettable trip! By Ariana Meyers

On October 23rd a group of 24 Performing Arts students from Grades 9-12 left Winnipeg for a trip to Chicago.The 5 days that we spent in the "windy city" were filled with excitement.

Jamie Holt, Kristine Wilson and Erika Mitchell showed off their hats from the Ed Debevic's Diner, where they ate one night

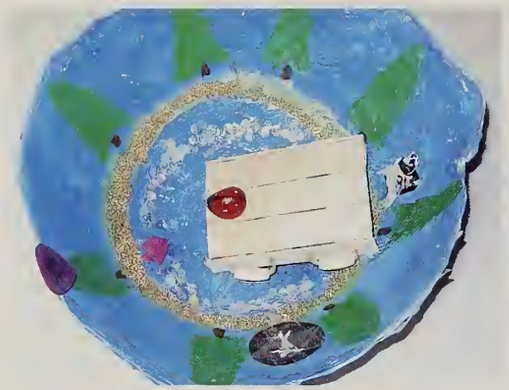
Studio Art

Pencil self portrait
by Seel Gi Jun
Grade 9



Pencil and Ink Shoes
by Erika Ulrich, Erica Prefontaine Dean, Jessica Liu
Grade 9

America Gothic Parody
by Haneul Kim
Grade 10



Conversation Bowl
by Alana Flom
Grade 5

Photomontage
by Kimi Wong
Grade 12

Painter's Picnic
by Grade 5

My Peacock Derek
by Serena Buchwald
Grade 1

Paul Klee Meets Cave Art
by Grade 8

Funky Cat Watercolour "Virtue"
by Hannah Shiftman
Grade 7

Digital Art

Photo by Tiffany Mok

"A dog is a woman's best friend" Photo by Sarah Scott

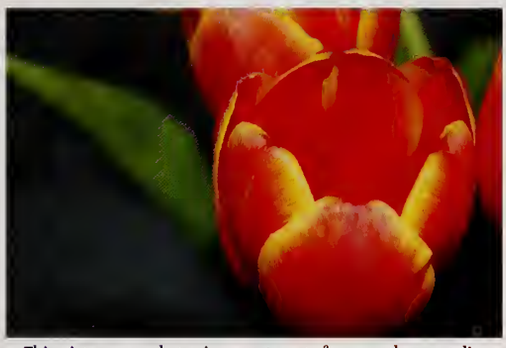
en·dur·ance [en-door-uhns] -noun
1. the fact or power of enduring or bearing pain, hardships
2. the ability or strength to continue or last, despite fatigue, stress, or other adverse conditions; stamina
Photo by Kristin Cockerill

h is picture I was trying to capture the bright colours as well as d etail. It is a very effective photo because it is only one part of e flower instead of the entire thing. Photo by Valerie Beynon

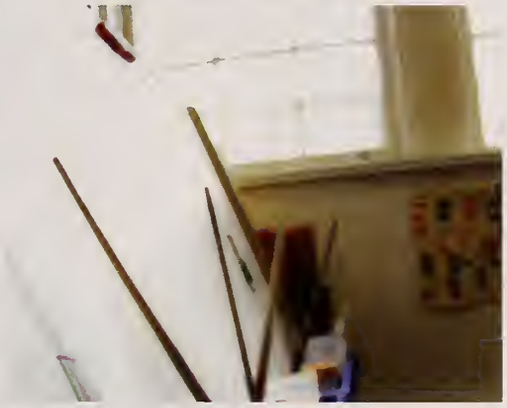
Blushing Sky: This photo has a great impact, and is truly breathtaking. The vivid colours reflecting from the sky into the water makes for a beautiful picture. I love pictures of sunsets, and I wanted to capture one for myself. Photo by Talia Joundi

"Everything comes too late for those who only wait" - Elbert Hubbard. Photo by Sena Lam

y photographers would agree that the best photos are taken at rise or sunset. This picture shows the true beauty that can be aptured at these moments. Photo by Konstantina Nakoulas



This picture was shot using aperture, to focus on the one tulip. Vibrant colours and the blurred background make the tulip really pop. Photo by Bronte Charette



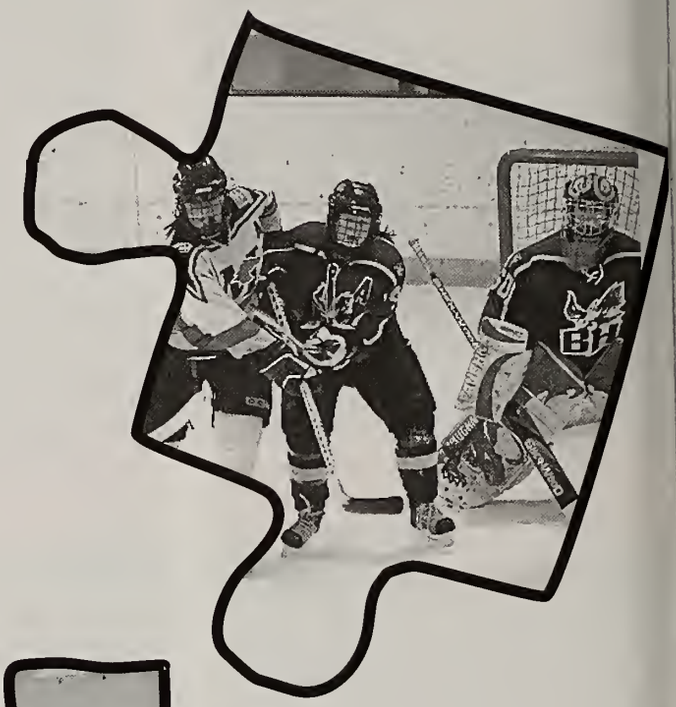
"Photography is about finding something interesting in an ordinary place" - Elliott Erwitt. Photo by Zelda Bravo

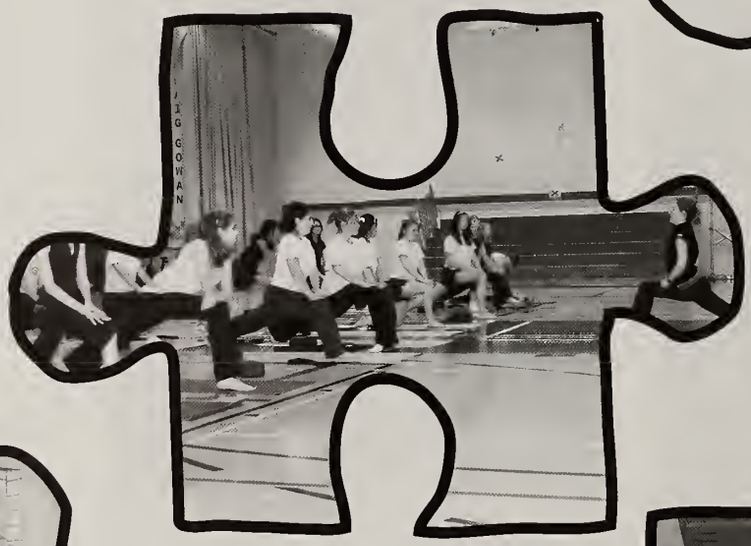
ed the techniques I learned in multimedia class to capture the beauty of Costa Rica. Photo by Vanessa Comeau

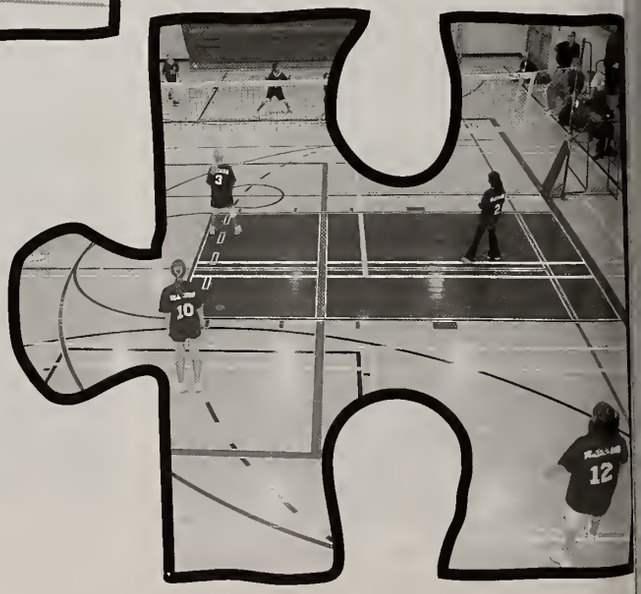
"We seek peace knowing that peace is the climate of freedom" - Dwight D. Eisenhower. Photo by Amanda Kaufmann

Photo by Gagandeep Sinhu

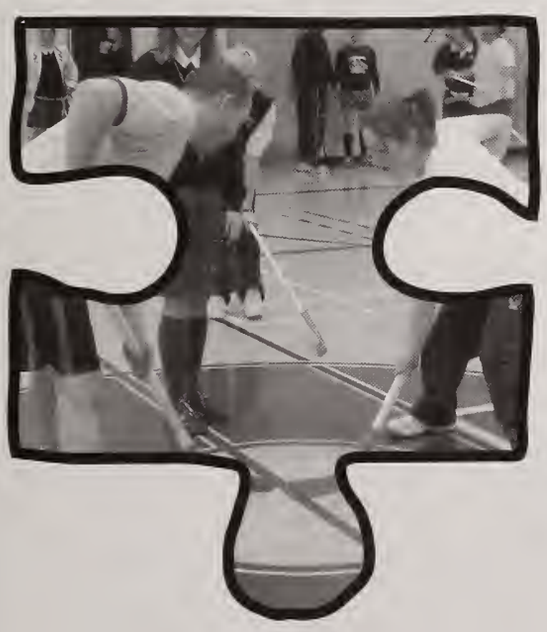
Unbeatable Sports







GLEN GAIRN



Middle School House Head Colleen Furlan

LETS GET LOUD, LETS GET LOUD. BALLATER'S GONNA MAKE YOU PROUD. LETS GET LOUD! WOW! I am so proud of Ballater! This year, we have had so much spirit and participation…we definitely were some tough competition! Interhouse this year has been an absolute BLAST. We showed our artistic skills in "Primp your Mascot", and we dominated in four-corn soccer. To the other house heads and especially Sarah, you girls did an awesome job this year and it was so much fun to work with you! I am so proud to the head of such an amazing and highly spirited house! Good luck to next year's house head!
Love always,
Julie and Kermit

BALLATER

BRAEMAR

Braemar is the very best house, though sometimes we sport an untucked blouse. A hippopotamus mascot and our colour is blue, I'll bet you wish you were in Braemar too. We're optimal and we play to win, at interhouse we released the beast within. I'd like to thank the house heads and Mrs Kerr, this year's good memories are all a blur. Sports council helped with all the planning, but it's the student body who were really enchanting. To all my Braemarians I'd like to endure a haze for victory, and with these ones.
This has been an Aaryn Kornosky Production.
Reproduced with permission.

Middle School House Head Aaryn Kornosky

Bird is the word! This year Craig Gowan has really strutted its stuff! It's not always easy being spirited (especially when it means finding some yellow in your wardrobe) but you guys make Big Bird proud. I want to give a big shout out to everyone who came out to interhouse, and an even bigger shout out to our sports council. Thanks to the other house heads, Airyn, Brittany, and Julie, and to Sarah and Mrs. Kerr, you've all made this year's interhouses possible. Hey yellow, keep rocking next year.
-Cindy Lukianchuk, #8

Middle School House Head Kelsey Lacombe

CRAIG GOWAN

Middle School House Head Kelsey Lacombe

GLEN GAIRN

Attention all Winnie the Pooh lovers! It has been a blast this year at interhouse, on our sports teams and everything else active we have done! Glen Gairn has been very high spirited, energetic and competitive this year. I hope you all will remember the girl in the Winnie the Pooh costume running through the halls (that would be me!), and I hope we'll always have the determination to succeed and win (like the House Cup)! We do have the cutest and best mascot, which I believe reflects the members of Glen Gairn. Attention all other houses: Don't mess with the best cuz the best don't mess! - Brittany Siemens

Sports Captain

Over the past year at BH, our girls have been working themselves into a sweat! Not only c most of the students amazing at academics, but they somehow manage to score in hocke tournaments throughout North America, smash our opponents in badminton, make kills in volleyball tournaments around the country, and leave our competitors in the dust in a athletic competition. I believe that we are very fortunate to have as many athletic opport nities as we do here at BH. It is crazy how excited all of you get when aiming to succeed o your sport and I find it inspirational. I am so proud to represent all of our girls involved i sports within our BH community. If we keep up at this rate, next year we'll be unbeatabl This year was unforgettable and I thank you for the pleasure of being your Sports Capta Sarah Rybczuk

INTERHOUSE

Ro nne Ilagan and Kayla Fernandes competively ate ice cream

Palmer Nowak, and Lauren Lischka tallied cards

n Zajac and Paulina Beltrán shared paint to primp their mascot

Kelsey Lacombe, Palmer Nowak, and Juliana Loewen ready for Dr. Dodgeball

Dance Dance Revolution in the atrium

Back to front: Olivia Zaporzan, Robyn Zajac, Cindy Lukianchuk, Alex Campbell, Luxmy Navaretnam, and Louise Lam

Primpin' the Ballater mascot

Danica Avery-Snow

Miranda Thorne and Robin Jacuzzi

Kristen Cockerill and Katie Haber

Staff vs Students

Dr. DeBlonde in the staff left wing, Airyn Lancaster as referee,
Mr. Kerr and Cindy Lukianchuk face off, and Kaytlin Drews in the student's left wing

Mr. Wannan ready to shoot

Mr. Cook showed off
his stellar basketball skills

Robert Visser as the staff's goalie

Shanleigh Thompson and Mr. Wannan

Kristin Cockerill vs. Mr. Rebeck

Ms. Wilkes in basketball

Mr. Kerr, you're down!

Ms. Wilkes was a tough opponent to guard

SOCCER AND DRAGON BOAT

Varsity Soccer
First Row: Caitlin MacDonald, Alex Martin, Tayler Van Denakker, Second Row: Sarah Scott Michelle McFadden, Jenna Brown , Olivia Zaporzan, Third Row: Valerie Beynon, Kyleigh Palmer, Erica Scharfstein, Gaby Perezanta, Chelsea Illchuck, Kylie Klassen, Fourth Row: Talia Joundi, Nellie Minshull, Erica Siddall, Coach Jock Warriner, Kate Langrell, Talia Glodjo, Assistant Coach Cheryl Woodward, Manager Alex Campbell, Missing: Stacie Kashuba

Dragon Boat
First Row: Holly Penman, Ashley Rebeck, Kristi-Lyn Pollock, Kaytlin Drews, Caitlin Brock, Shawna Olson, Julie Clark, Jacklyn Prendiville, Second Row: Miranda Thorne, Elise MacDonald, Robyn Zajac, Shereen Samimi, Jill Penman, Julie Klein, Saira Abdulrehman, Rachel Solomon, Stephanie Webster, Hannah Stinson, Keely Jones, Julie Yan, Rebecca Sherbo, Missing: Madelaine Stefanik

VOLLEY-BALL

Developmental Volleyball BH1
First Row: Brittany Simmons, Sydney Jones, Alexandra Jessiman, Regina Davila. Second Row: Erika Ilse, Mackenzie Trann, CC Wannan, Paige Nuttal, Suji King, Ashley Buckle, Vanessa Bermisa, Bryn Koehn, Bryanna Sherbo, Luxmy Navaretnam. Third Row: Assistant Coach, Robyn Zajac, Stephanie Enns, Roberta Madrozo, Hannah Scott, Katrina Barkwell, Simran Singh, Natalia Lemus, Nicole Van Hove, Michelle Prendiville, Mrs. Prendiville. Missing: Kady Evanyshyn.

Developmental Volleyball BHA
First Row: Emily Ferguson, Aynsly Hodge, Gabriella Balog, Sarah Sytnyk, Elizabeth Pappas, Jillian Heden. Second Row: Emily Kesselman, Bridget Bicknell, Kate Bouchard, Kathleen Copp, Jaclyn Flom, Zoe Goldman, Kennedy Maidment, Alesandra Turner. Third Row: Assistant Coach, Olivia Zaporzan, Samantha Moreau, Robyn Brar, Kaitlyn Robinson, Noelle Verry, Madison Harvey, Caroline Steele, Ericka Muller-Moran, Mrs. Harvey. Missing: Alexandra Depape, Ella Thomson, Ali Wade.

VOLLEY BALL

Junior Varsity Volleyball BH1
First row; Sarah Scott, Michelle Rebeck, Erika Thunder
Second row; Michelle McFadden, Erika Siddall, Mrs. Kerr, Talia Joundi, Katie Hoffman, Missing; Erika Rakin-Friesen, Lauren Smerchanski

Junior Varsity Volleyball BH2
First row; Chantol Thompson, Alex Martin, Shelby Szarko, Emily Campbell
Second row; Christine Harms, Jacklyn Prendiville, Toria Rankin-Friesen, Hannah Johnson, Sean King, Alison Love, Madison Stewart

VOLLEY-BALL

Junior Competitive Volleyball
First row: Carmen Provinciano, Gaby Perezanta, Natasha Cobb, Elizibeth White. Second row: Danica Avery, Edu Fernandez, Kelsey Lacombe, Hannah Darrach-Cottick. Third row: Michelle Sandheim, Lauren Lischka, Layla Freig, Breanne Fredette, Kate Langrell. Missing: Katie Eva

Varsity Volleyball
First row: Robyn Zajac, Avery Hastings, Kate Langrell, Claudia Muller Moran, Robin Jacuzzi. Second row: Stephanie Lawson, Jenna Brown, Sarah Rybczuk, Alex Campbell, Olivia Zaporzan, Kimi Wong, Mr. Kerr.

BASKET-BALL

First Row: Ashley Buckle , Ericka Muller Moran, Katrina Barkwell, Jack Wannan, Bryanna Sherbo, CC Wannan. Second Row: Robyn Brar, Madison Harvey, Michelle Prendiville, Jillian Hedden, Vanessa Bermisa, Kennedy Maidment. Third Row: Simran Singh, Ali Wade, Natalia Lemus, Jaclyn Flom.
Coaches: Mr. Leipsic and Mr. Wannan

Developmental Baskeball

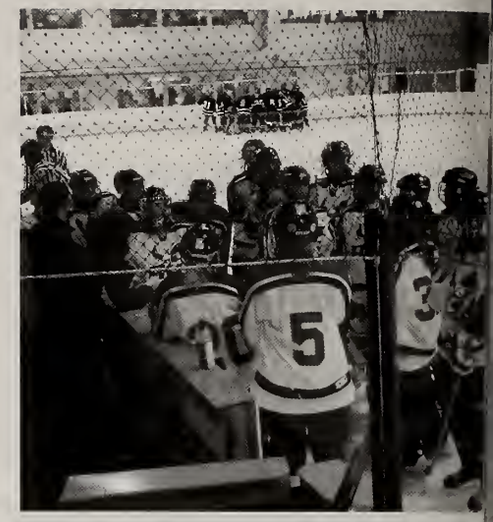
First row: Natasha Cobb, Juliana Loewen, Brittany Simmons, Shannon Sifert , Marikka Lee, Paulina Beltran. Second row: Haley Koehn, Celeste Main, Danica Avery, Gaby Perezanta, Paige Nuttall, Elizabeth White.
Assistant coaches: Chelsa Jordan and Brittany Siemens
Coach: Ms. Kirk
Missing: Lauren Lishka

Junior Competitive Baskeball

First row: Coach Ms. Wilkes, Brittany Siemens, Rebecca Kremer, Kelsey Watchman, Roxanne Ilagan. Second row: Christie Branton, Shanleigh Thomson, Claudia Muller-Moran, Katie Haber.
Missing: Chelsa Jordan, Kayla Fernandes, Tatiana Rafter, Michelle Rebeck, Chantol Thompson, Jessica Liu.

Varsity Baskeball

HOCKEY



High School Hockey
First row: Jenna Brown, Ashley Fredette, Bronte Charette, Stephanie Lawson, Jacklyn Prendiville, Madison Stewart, Tatiana Rafter. Second Row: Mr. Cook, Katrina Hoffman, Stephanie Kelsey, Elise MacDonald, Erika Ulrich, Carlee Wilson, Erika Thunder, Michelle Rebeck. Missing: Avery Hastings, Kristine Wilson, Amanda Kaufmann

Prep Hockey
First Row: Stacie Kashuba, Kylie Klassen, Breann Frykas, Bailey Bram, Katie Wilson, Tayler Van Denakker. Second row: Kristi-Lyn Pollock, Samantha Wauer, Kristin Cockerill, Nellie Minshull, Caley Laxer, Chelsea Illchuk, Saleah Morrison, Kyleigh Palmer, Kaytlin Drews, Caitlin MacDonald. Third row: Mr. Rebeck, Cindy Lukianchuk, Ashley Rebeck, Coach Ralph Nespor, Athletic Therapist Julie Hayward, Coach Bob Ouelette. Missing: Caitlin Smiley

GOLF AND CURLING

Ashley Fredette, Sarah Scott, Roxanne Ilagan. Missing: Ashley Rebeck

Golf

Sarah Scott, Talia Glodjo, Miranda Thorne, Julie Clark

Junior Curling

Airyn Lancaster, Kathryn Marcynuk, Valerie Beynon, Katie Moore In front: Ms. Fulton

Senior Curling

TRACK AND FIELD

Ashley Fredette, Kristin Cockerill, Michelle Rebeck, Elise MacDonald, Miranda Thorne
Missing: Tatiana Rafter

Cross Country

Middle School Track and Field - not all participants available
First Row: Mackenzie Trann, Emily Kesselmen, Danica Avery, CC Wannan, Leanne King, Paige Nuttal, Hannah Scott, Haley Koehn, Celeste Main, Gaby Perezanta, Marikka Lee, Gabriella Balog. Second Row: Shea Gaynor, Alexandra DePape, Robyn Brar, Kate Bouchard, Sydney Jones, Ella Thomson, Nika Korpesho, Noelle Verry, Nicole Wierzbick

Senior Track and Field - Natasha Zloty, Cindy Lukianchuk, Sam Wauer, Kristi-lyn Pollock
Missing: Jenna Brown, Kristin Cockerill, Kate Langrell, Elise MacDonald, Robyn Zajac

Badminton

Front Row: Robyn Brar, Ashley Buckle, CC Wannan, Hannah Drach-Cottick, Layla Freig, Danica Avery, Jaclyn Flom, Vanessa Bermisa, Ella Thomson Second Row: Mrs. Kerr, Breanne Fillette, Mackenzie Trann, Haley Koehn, Palmer Nowak, Lauren Lischka, Paige Nuttal, Kate Bouchard, Suji Kang, Madison Harvey Missing: Loune Blom, Kady Evanyshyn, Alex Dupe, Brittany Simmons, Ali Wade, Caroline Steele, Simran Singh, Elizabeth Pappas, Gabriella Balog, Celeste Main, Lauren Peake, Katie Eva

Middle School Badminton

Rebecca Kremer, Valerie Beynon, Talia Glodjo

Badminton

Robyn Zajac, Sena Lam, Kimi Wong

OWAN
AIRN

BLAZERS

12

MIP and MVP awards

Developmental Volleyball BH1
MVP McKenzie Trann. MIP Roberta Madrazo

Developmental Volleyball BHA
MVP Elizabeth Pappas. MIP Emily Kesselman

Junior Competitive Volleyball
MVP Natasha Cobb. MIPs Gaby Perezanta and Layla Freig

Junior Varsity Volleyball BH1
MVP Erica Siddall. MIPs Lauren Smerchanski and Erika Thunder

Junior Varsity Volleyball BH2
MVP Shelby Szarko. MIP Sean King

Varsity Volleyball
MVP Kate Langrell. MIP Kimi Wong

Developmental Basketball
MVP Ericka Müller Moran. MIP Ashley Buckle

Junior Competitive Basketball
MVP – Natasha Cobb and Celeste Main. MIP – Gaby Perezanta

Varsity Basketball
MVP Claudia Müller Moran. MIP Kelsey Watchman

High School Hockey
MVP Tatiana Rafter. MIP Madison Stewart

Prep Hockey
MIP Caitlin MacDonald. MVP Awarded to the team as a whole

Soccer
MVP Kylie Klassen. MIP Talia Joundi

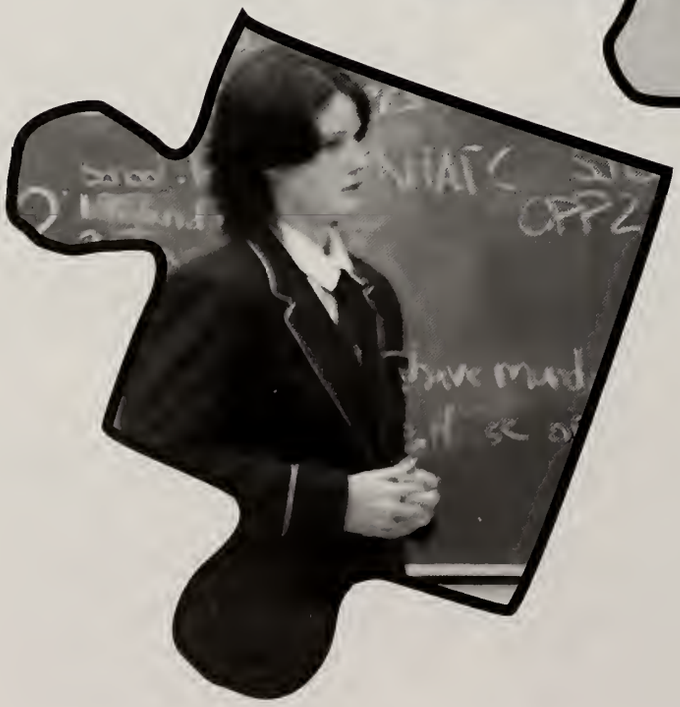
Junior Competitive Athlete of the Year
Danica Avery

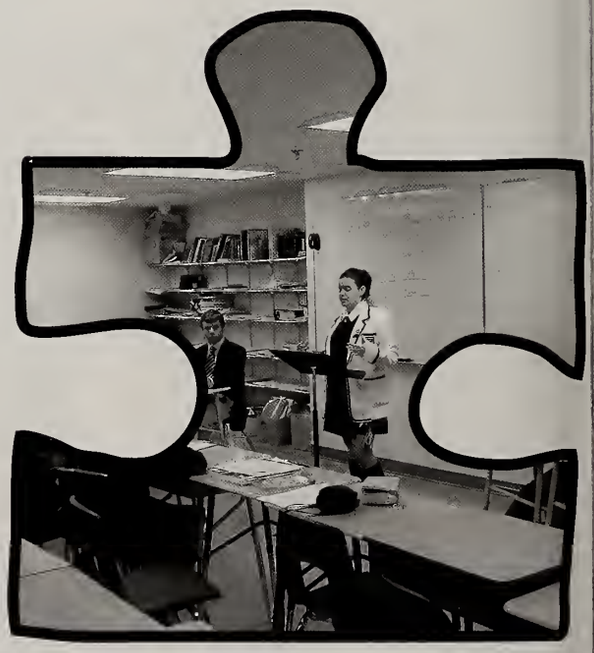
Varsity Athlete of the Year
Kate Langrell

Junior Varsity Athlete of the Year
Valerie Beynon

Awards of Merit
Kate Langrell. Lauren Smerchanski. Erica Siddall. Talia Joundi. Roxanne Ilagan

United with Alumnae the Community and the World





20100
Gabriel Family
1 of 15

Alumnae Message

Hello everyone! I can't describe how amazing it's been to be the Alumnae prefect this year. I've met many intriguing women who have gone on to do great things in their lives, and who have the fondest memories of BH. It is very important to me that the history of our school, and especially the people who were and are still a part of it, are never forgotten. Working on many projects with Ms. Ginny Lechman, an alumna herself, has been a lot of fun, and I'd like to thank her for helping me so much this year with my duties. It has also been a privilege to work with the entire Executive Council on all of the student activities. A special good luck to Alex Campbell, next year's Alumnae prefect. You'll do great Ali! Finally, I would like to encourage all students to educate yourself about the history of BH. I have, and it's definitely worthwhile to know. I can't believe that I'm now becoming one of the women that I had the chance to get to know this year; an alumna of this amazing school. I will miss you all!

Love, Kate Langrell

Kate Langrell
Alumnae Prefect

Alumnae from 1995-2006 gathered in Aikins House in December 2006 for the annual Home for the Holidays celebration. Home for the Holidays is held when young alums are typically home to visit family for the holiday season.

Kate Langrell, Kathryn Marcynuk and Emilie Anderson Grego get the "Real Deal" from Sarah Gravelines

Kristine Wilson '04 joined Mrs. Friesen and Mrs. Greenhill to share her current successes and remember her "wild and crazy" days at BH

Mrs. Somerlus spent time with alumnae from Rupert's Land '48, she learned about their experiences and they learned about the school as it is now

Mrs. Sprange '67 shared lunch with friends after the alumnae assembly

Faces of the Future - alumnae in the making
Junior School sang for our guests at the alumnae assem

Community Service

Being the Community Service Prefect for the 2006 – 2007 year has been a great experience that taught me a lot about both myself, and the difference the students at BH can make. I was given the opportunity to attend Manitoba A.L.I.V.E. (A Leadership Initiative in Volunteer Efforts) earlier this year, which gave me the opportunity to meet students from all around the province and hear how they are helping in their communities. Our school placed sixth in the city for highest participation rate with the Canadian Blood Donor Services High School Donor Challenge, had an extremely successful Girls for the Cure, and another enjoyable Mulvey School Christmas Party on the Day of Giving. We also had our second annual tin-can-tab house competition, where the houses competed to bring in the most tabs (Glen Gairn winning – of course!). This has been an amazing year, and thank you to Mrs. Green for her guidance, fellow prefects for their tremendous support, and the student body, for their eagerness to help others, and making my job easy. Good luck to everyone in the future!

Jill Penman
Community Service Prefect

Student Affairs

What a year it has been in the world of debating! BH once again proved itself to be one of the province's top debate schools, and I was delighted to see more BH students out at tournaments – despite that the debates this year seemed to be lacking their usual donut snack! CONGRATULATIONS to all the students who participated, and to the numerous medal-winners. I was especially proud to see Ariana Meyers and Talia Glodjo attend the National Debate Championships! Rupert's Land was a great success too, sending Victoria Schaeffer and myself to the National Public Speaking Tournament! This year also marked the first-ever videoconference debate, setting Ella Thomson and Jaclyn Flom against a Toronto team. However, nothing would have been possible without the volunteers: judging, timing and working the tab-room (I think that this Rupert's Land had the most efficient tab-room EVER!) Thank you!! I'd also like to thank my fellow debate prefect, Haley Koehn, who was amazingly organised and fun to be around. As well, a huge, heartfelt hug to Mrs. Greenhill, who is truly the heart of debating at BH. Thanks for a great year, and never forget: it's GREAT to DEBATE!!

Kathryn Marcynuk
Student Affairs Prefect

Kathryn Marcynuk prepared for the first round at Rupert's Land

Kathryn Marcynuk, Leah Werier, Shanleigh Thomson and Mrs. Greenhill with Braveheart dolls

Team BH celebrated success at Rupert's Land

Team BH enjoyed an evening of African dancing and drumming at Internationals

Shanleigh Thomson, Leah Werier and Kathryn Marcynuk at Internationals in Aurora, Ontario

Team BH posed with one of the boys in kilts at St. Andrew's College in Aurora

Debate Action

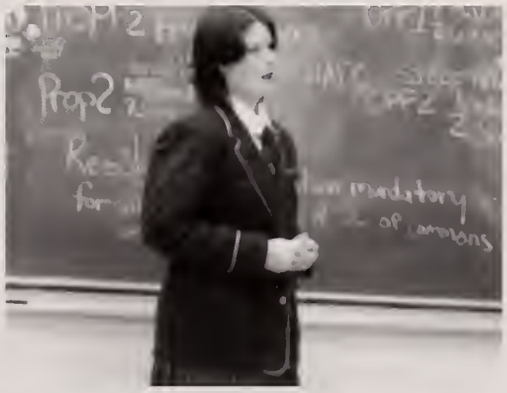
Shanleigh Thomson prepared with partner Kiran Mysore at Rupert's Land

Team Manitoba at Internationals in Aurora, Ontario

Katie Evanyshyn and Nicole Van Hove

Jaclyn Flom, Izzy Anderson-Gregoire, Victoria Schaeffer and Sarah Sytnyk

The pipe and drum band at Internationals



Victoria Schaeffer waxes eloquently during a debate

Youth in Philanthropy

This year, Balmoral Hall's YiP committee was made up of over 40 dedicated and hard working girls that spent their lunch hours on day seven working dedicatedly to find suitable charitable organizations to grant money to. We first decided on our group values as healthcare, women and children, addictions, inner city, and animals and split up into groups focusing on these areas. From there, each sub-committee researched charitable organizations around the city that fit the criteria of their value and then contacted the charitable organization. We went on numerous site visits; to talk to people at various charitable organizations, to see what our grant monies would be used for, and to get a general feel for the charitable organization. Once all site visits were completed, we then shared with the other YiPpers about the site visit we had been on, and determined which charitable organizations would receive a grant, and for how much. Youth in Philanthropy has been a huge success this year, and a huge thank you to our teacher advisor, Mrs. Connie Shyka for all of her hard work, dedication, and guidance throughout the year; and also a extra big thank you to all of the girls that participated in YiP; for their time and commitment.

By Jill Penman, Community Service Prefect, YiP Student Chair,
YiP Inter-School Committee Representative

Reach for the Top

Intermediate Reach

Ashley Fredette
Talia Glodjo
Valerie Beynon
Christie Branton
Julie Clark
Sarah Scott
Angela Reimer

Coaches:
Mrs. McDonald
Mr. DeBlonde

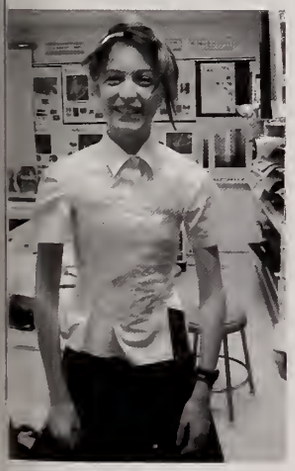
Senior Reach

Kathryn Marcynuk
Katie Moore
Emilie Anderson-Gregoire
KK Ho
Airyn Lancaster
Kate Langrell
Roxanne Ilagan

Coach:
Mrs. Goldberg

Ashley Fredette, Talia Glodjo, Valerie Beynon and Christie Branton challenged SJR

Fun Candids



Unstoppable Grads

A Sign Of

Top Ten Movies

1. Borat
2. The Departed
3. Blood Diamond
4. Ocean's Thirteen
5. Georgia Rule
6. The Holiday
7. Shrek the Third
8. Evan Almighty
9. Pirates of the Caribbean: At World's End
10. Spider-Man 3

Top 10 Best-Selling Albums

1. Red Hot Chili Peppers (Stadium Arcadium)
2. Justin Timberlake (FutureSex / LoveSounds)
3. Soundtrack (High School Musical Soundtrack)
4. Nelly Furtado (Loose)
5. Beyoncé (B'Day)
6. P!nk (I'm Not Dead)
7. The Beatles (Love)
8. Rascal Flatts (Me and My Gang)
9. Snow Patrol (Eyes Open)
10. Evanescence (The Open Door)

Top 10 TV Shows

1. Grey's Anatomy
2. Deal or No Deal
3. Desperate Housewives
4. Dancing with the Stars
5. American Idol
6. Friends
7. South Park
8. The Amazing Race
9. The Opera Show
10. One Tree Hill

THE TIMES

Top 10 Global News Stories

1. Liberia: Development challenges top agenda as the nation recovers from years of civil strife
2. Lost in migration: Asylum seekers face challenges amid efforts to stem flows of illegal migrants
3. DR of Congo: As the country moves boldly towards historic vote, humanitarian concerns continue to demand attention
4. Nepal's hidden tragedy: Children caught in the conflict
5. Somalia: Security vacuum compounding effects of drought
6. Protracted refugee situations: Millions caught in limbo, with no solutions in sight
7. South Asian earthquake: Relief effort saves lives, stems losses, but reconstruction tasks loom large
8. Behind bars, beyond justice: An untold story of children in conflict with the law
9. From water wars to bridges of cooperation: Exploring the peace-building potential of a shared resource
10. Côte d'Ivoire: A strike away from igniting violence amidst a faltering peace process

Top 5 Actors

1. Leonardo DiCaprio - Blood Diamond
2. Ryan Gosling - Half Nelson
3. Forest Whitaker - The Last King of Scotland
4. Sacha Baron Cohen - Borat
5. Aaron Eckhart - Thank You for Smoking

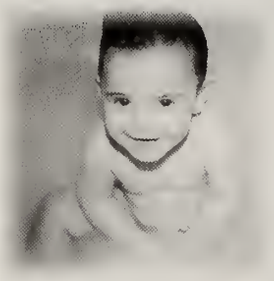
Top 5 Actresses

1. Helen Mirren - The Queen
2. Shareeka Epps - Half Nelson
3. Kate Winslet - Little Children
4. Penelope Cruz - Volver
5. Meryl Streep - The Devil Wears Prada

VS.

Emilie Anderson-Gregoire

*EMILIE MY WONDERFUL FRIEND!!!! Ha…oh my GOD I just realized something. As you read this, you know what happened in Harry Potter and the Deathly Hallows! THAT'S AMAZING!!!! Wow…So. How do you sum up 7 years in 150 measly words. Not possible, but I'm sure you and your spectacular memory can easily recall ALL our experiences. I remember most fondly the camping/canoeing expeditions with our families, the long talks of Harry Potter late at night, some boy craziness, some REALLY ridiculous boy crazy emails (remember CelebMatch com Mrs. Aaron Carter? LOL). But I can't laugh at you too hard. We mustn't forget that I'm Mrs. Rupert Grint! I can't believe that there was a time that I was ECSTATIC about that. Anyway, I love you and I'll miss you SOOO much next year, but I know we'l make sure we see each other and we'll always be together in our hearts. *Hug* Kate*



Stefania Campanelli

Stef, Stefy, Esteban, Italian goddess. Not only are you a REALLY good best friend, but you are also a REALLY great teacher…the kind of teacher that you don't have at school. We have loved and benefited from your lessons ranging from your dance moves that bring all the boys to the yard, the extrav makeup techniques, and how to pump up mouffasa using our BH knee socks. We will never forget the good times spent with you partying…but who needs a party when we have our own personal gun show. Unfortunately, you'll never get dis! We are thrilled that you're staying with us in Winnipeg because your no bull attitude will keep away the creepers. Cheers to many more Black Poms to come. Dark hair, tanned skin, black nails mysterious eyes, And when asked why? The only answer needed: because you're dark We love you. F5F Sarah, Julie, Jill and Robin.

Alexis Dickson

Lexie! You're One Amazing Cat! One Of five amazing Dickson chicks!! I have loved our year together you and kitcat made it for n! It's only been a year and it seems like a lifetime!! I'll miss you like crazy over the summer but the party isn't stopping for the UWC CREW!! We will pick up right where we left off. More buckys yot hating crustations pcabs technology mamad= life states honeydijon john mayer the sor dice frolicking in the doodle river bonfires haggard pancake house w/ CSS and the We One CHB to Dirtys ...So on the same page I love you and I will see you in BTOWNNNI! Lata broadzilla! Laxy

"Live for the times you won't remember with the people you will never forget"

Kaytlin Drews

Kaytlin is a wonderful young girl who has many talents. You ca always count on her to make you laugh whether it's the funny loo she gives you or a stupid comment. She was a great attribute to have on the prep hockey team as she made the bad situations see better. Whoever becomes a friend with this girl at university wi have a great friend for life as she is always there for you in the worst moments. We wl remember her as a great teammate, roommate and friend. … Smiley and Mo

Sonja Fedikow

*Sonja, there is so much that we can say, Skinny, that we don't know where to begin! It's funny how we've gone to the same school but have never hung out until now! Remember when we would be in the lab during lunch times, telling the kids what to do and not do. Always remember your buddies, we know you just LOVED spending time with them! You DONUT stop sleeping so much, you miss important events! You'll have to find another person to hit with your key chain in Halifax, Chiklit. EAT *cough* You'll disappear! Bet for bear. Remember Molly the gardener? Don't forget him (or her for that matter...not sure which is appropriate)? And the times we sat in the staircase and talked about absolutely everything. I think we need to set some "parameters" here! We know your future will be just as amazing as you are! Knock 'em dead! K.M. C.M.M. K.V.*

Chi Gao

Jessy, I'm so happy ur going to US for university (but it'd be so good if u could come to Queens with me! Just kiddin~). Sometimes I think we have a thing in common, we can be silly kids @ times! Anyway, good luck in UNI, coz I'd be studying science as well! From Louise

I would never 4get the mummy VS penguin & the trip we went together haha Can't believe we are finally leaving! Thanks for giving me so many laughs!! Good Luck in US!! Keep in touch –Kimi*

Hey Jessy, congratulations you won't be hearing the comment "bai ci" from me more than ten times a day for a while. But I'm afraid u won't be able to enjoy that for too long, since we're both in the US..hehe...From, Pamela

Katherine Haber

Ello Love! Wow we are finally done high school. I didn't think it would ever end. Thank you very much for being my friend when I came to BH, I was so nervous, I'm so glad I met you. The past three years have been fabulous; there were some bad times but many more good times. Curling my hair and getting dressed up, walking in Linden Woods and talking the whole time with a British accent, too funny! Going to St. Vital Mall and meeting lots of good looking guys haha, taking 3 hours trying to find Halloween costumes. Our costumes were incredibly hot lol. Gwen Stefani and MIA wow we were the only ones who loved MIA at first, best concert ever hun! I'm going to miss you like crazy next year.

Lots of love, from your love bug Cassy <3

Avery Hastings

*Have you really only been here for one year? It seems as if you've gone to BH FOREVER! I remember the first time we met, we click eh, like you wouldn't believe. Then we had lunch together! So much fun! Then there was volleyball. SUCK IT UP AVERY. Then hockey and your residence experiences...CONTROL YOUR BLADDER then you will be less likely to run into interesting issues *cough* scenes. Good times. You may want to lay off the carrots, no joke. You know the term "you are what you eat" yeah, I think you've begun to take it too far... OMGOSH Physics classes! Now those were good times! BANANAS. I swear it works! Heat 'em first...with your hands. You know all the times that you said "What would I do without you?" Well I was thinking the same thing too...CHEMISTRY. Not to mention our mad English classes! Luv ya always babe. C.M.M.*

Victoria K.K. Ho

*My darling wife/husband...who was who again? I don't really think we got that straightened out did we? It has been an amazing last couple of years hasn't it? We didn't hang out too much in middle school, but once in high school...well more specifically when we had EVERY, SINGLE class together we got close. So much that people started making fun of us! *sigh* what friends, eh? C.M.M K.K. (yes, there are dots in your name!) my penguin-loving friend! Such great memories: movie-nights (Rocky Horror!), musicals (with Largo), and bowling to name a few. You were always there to doodle in homework-diaries or call us "Sushi!" which, although we never understood what it meant, we know it was lovingly said. Together we will dominate the world and finally fulfill your dream of World Peace! (But you'll still get half of Asia!) K.M. Good luck minimizing your sneezes when you become a radiologist – or was it an actuary? Don't fret about the future, we know you'll end up doing something you love! Keep in touch always*

Robin Jacuzzi

Robin, Romina Alcazar, Smokey. On the nights you were there, you weren't hard to miss, because we could always find you in the crowd wearing your flamboyant ensembles. Whether it was a sundress at the lake while everyone else was wearing crocs and mosquito netting, or the infamous pink and purple zebra print, you always pulled it off, with a little help from Mufassa. This is why we know when you head off to the military next year, you will be quite alright. You won't miss us for long when you find a new fab 5. The top 5 finest men on campus. There will be a void in our hearts so be expecting a visit, we can't guarantee you're the only one we're coming to see tho. Nonetheless, we love you so much.
F5F. Stefania, Sarah, Julie and Jill

Chelsa Jordan

We've been here for quite a few years now and although we have had some rough times, the happy memories always come to mind when I think of you. I remember in Junior School when our biggest problem was who got to play four square. In Middle School, I remember our biggest problem was having a boyfriend. I remember your first boyfriend was the first guy you danced with at a dance (Eric). In Senior School, I will always remember getting lost on the mountain for two hours and snowboarding over rocks! We have had many other interesting times that I will never forget. Good luck in the future and I hope we'll stay friends forever. Brittany

Jihyun Joung

We are such ABs eh? Next year, as we promised, let's be in control and manage our days well. Let's go to eat SOON DAE together, I'm hungry. Garam

U always call me "kiyowo", actually ur the "kiyowo" one~ We had so much fun at school, I won't forget. I still remember the 1st time u spoke to me and msn me~~ I'll find u in Toronto~ Miz u! Louise

It's been such a great pleasure knowing u! I would never 4get da present that u gave me for my 18th b-day! AMAZING I will miss you so much!!*
All the best for your future. Kimi

Julie Klein

Julie, Jules, J-Klein, Bakudan, our little Jewish star. No gel nails. No tan. Not blonde. How are you our friend? Clearly because of your infectious smile, your compassionate spirit, and cookie brittle baking techniques. The memories we made this year can be categorized in three types of stellar nights: 1. the nights we dragged you out and you left before the party started 2. The nights we dragged you out and you ended up rocking the party and finally, 3. the nights that started with the cedar closet and you dashed out the door so eager to go. We are thrilled that you have finally made the decision to stay in Peg City, otherwise you would have to find other randoms to cuddle with. Even though you are hearing impaired, your toned forearm leads us to ask you: Can you please have our babies?
We love you always. F5F. Stefania, Sarah, Jill and Robin

Sarah Knight

Oreos, I'm bad at writing things but, the time has come and I really don't have much of a choice. PINKET! Here's a haiku for you, Sushi is the best / you are maybe more yeah yeah / that's all for now folks. RIFF RAFF. If you were a blizzard you would be a Georgia mud fudge, minus the annoying brownies (cookie dough instead) and extra pecans just like me. "Roll out! Roll out! Roll out!" Breakfast at McDonalds... "Your dresses are too short ladies", the man that peed his pants and just the pickled regulars... I'm lovin it! Next year's going to be wicked not being at BH. I guess that means it's time to figure out our lives. I don't know... this write up was honestly the hardest thing to write. "This is the story of you and I." GARBAGE PAIL KIDS '06! Semi-normual grads '07!
WA WA WE WA! WE'RE DONE! Love, Leah (steak)

Louise Lam

Can't believe I'm gonna live without U next year!! I'm gonna miss all your burping, scratching & biting during your dreams but please adjust your personal channel! Let's meet in Toronto per week HAHA!! Good luck in the future my 4th roommate!-Kimi
Hey sugary frog, can't u just stop burping!?!? Sorry for tempting u to have cake or ice cream with me almost everyday but thank you for sacrificing the calories that u try so hard to burn every night. Pamela
Since you are such a lovely "frog" who has the same chemistry class as me, you will always have my best wishes and support. I believed in you. Haha, you will get what you want in the future. Keep in touch. Jessy

Airyn Lancaster

It doesn't seem like we were roommates but actually WE ARE! Hhahaa.. Wish you all the best for your future!! – Kimi
As the year went along, I came to the conclusion that our lives are really just unwritten soap operas. I mean, really, how could you resist the moonlight, the boat, and the sweet smell of cigar smoke? It was classic-"The Epic Weekend". However, that's only one episode in the series. What about "Skip Day" or "The Corydon Quest in Spandex/Cowboy boots"? And our tribute to Emily Dickenson's poem (which also involved a whole lotta spandex). Oh yeah, don't forget the ___ bird. I know you are going to hate me for this, but I just couldn't resist. I'm sorry...I'm sorry- but you gotta love "Widget". I know I do. But now we reached the grand finale, and I know next season is gonna be better than the first. Sam & Cindy

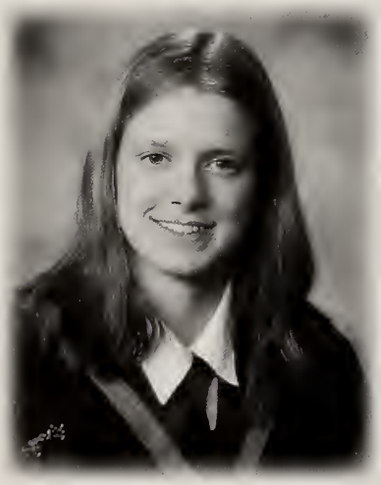
Kate Langrell

Kate, you are...more things than I could possibly write. You're a dedicated athlete (Miss K, soccer goalie extraordinaire), a gifted musician, and an active part of your church, which I've always thought was pretty special. But above all, Kate, you are a friend. Which, really, is one of the greatest things a person can be. I'll miss seeing you everyday, or almost everyday (you know, what with track, volleyball, soccer, I don't see you every day). Ah-ha! A ready-made excuse to go for sushi. I hope you enjoy the University of Manitoba next year, that you meet some really neat people, and that you get at least one weekday when you can sleep till noon. This is shaping up to be entirely too serious, when so much of our relationship is based in laughter. So I close with this: how dare you like Garrett Hedlund more than Orlando Bloom! Emilie

Caley Laxer

Laxy Baby! You are an awesome chichita and have made my last year at BH better than I could have expected! We've only known each other for a year but I feel like I've known you forever. Tech. honey d. yotes. BUCKYS 4 LIFE. The states. Hating crustys. Bonefires. Momma D, Kit cat and doodle! P Cabs. John Mayer. Haggard pancake house w/ css and the wee one. UWO CREW...past all of our funny memories, there are some really special ones. You have been a really good friend to me and I thank you for that. I know you will succeed at whatever you do and wish the best for you! Go get em tiger! See ya soon woman;) Lexie

"Live for the times you won't remember with the people you'll never forget"



Cindy Lukianchuk

I lost track of how many times I have been asked "What are you going to do without Cindy next year?". I thought about it long and hard. Finally, I came to a conclusion-it was so simple. "I dunno...I just go ask Cindy." From my birthday on, this year has been a blur so here is a recap-or an Ice Cap or while you're at it you might as well make it a tub of ice cream. Remember:

The abandoned house, our camping trips in subzero temperatures, and the dead bird. The red headed clown. How much Caveman loves us. The Children and their Night Terrors. Our toilet. Rascal Flatts and 6am workouts (who knew?). Your calves, the exam desks, and the water balloons. Fireflies, Grandma, and Calculus (the answer is always C). But most of all, don't forget you are the best friend I could have. Sam

Cassandra MacLeod

Cassy, My little love bug lol. I can't find the words to describe how much fun we have had together over the past three years. From the chicken strip combo with buffalo sauce to adventures in Linden Woods with nothing better to do. There have been so many adventures, but there are many to come. From the first St. Paul dance I saw you at, and we were wearing the same black skirt... awkward but I guess we got over it ;) There was also the day I came over and curled your hair, and you got into some dress and you were the girl and I was the boy lol. Not only will I never forget you Ms. MacLeod, I will never forget our adventures no matter how much time gets put between us. Doesn't matter what drama we've gone through over the past three years... because you made it to the finish line. I know you are going to do amazing things, just keep your smile on your face and your heart on your sleeve and you will never go wrong. Katie

Kathryn Marcynuk

How crazy is it? We've stuck together through everything, and now its almost all over. All the chick flicks we've watched together over the years...Colin Firth, Hugh Grant, or basically anyone with a British accent. BTW, have you boned an eggplant recently? Now who could ever forget the zabavas, tech crewing and grade 10's blockbuster, Widget? Or what about RHPS, and of course, High School Musical? And where would we be without the crazy beats of BSB and O-zone to rock our socks off? Wait a minute! You wear socks?? I wear socks too!! All joking and craziness aside, I know you'll go on to do amazing things in the future and I know someday you will find your Mr. Darcy. I only wish I could include just one last piece of friendship tape. Thanks for the friendship, the memories and everything else.

Love always, Katie

Kathleen Moore

I always thought that grad write-ups would be easy. After all, we've been friends for twelve years, so you'd think that we would have amassed something to write about. But that's just it – there is SO much to remember! Together we've been through our first job/school-dance/boyfriend/movie-making-experience/car/Zabava/break-up/concert. And who knew that two people could have such similar taste? (Chicken fingers and ketchup anyone?) Or, when we actually did like different things, that somehow they would end up complementing each other anyway! ("You like HIM?" response: "You mean, you DON'T?") You've always been there to hold my hand during those REALLY scary movies, gorge on chocolate-covered-raisins, and talk on the phone for hours. I don't have room to list your amazing qualities, but suffice it to say you deserve nothing less than the BEST. Next year, I predict great things from you! You are the best friend I could ask for; I can't wait to see what adventures we'll have next! CONGRATULATIONS! Kathryn

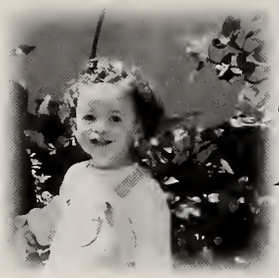
Angeles Morales Sánchez

Angie!! Wow can you believe this year has already gone by and we're graduating? I'm going to miss you so unbelievably much, I don't even know where to start. I remember the first time I met you, on the first day of school, and you were sitting on the couch and I said, "Hi! My name's Kelcey" and you said, "What? What?" An excellent start to the year lol. You've left me with so many amazing memories such as your PXNDX-obsession, your constant "what, what-ing", your love of absolutely everything stars, your chili-flavoured candies, your red Adidas shoes, hats and shirts, your SUPER long name, and your msn-ing during school even though the site was blocked but you found a way around it. What would we have done if you weren't here? Take Mexico by storm when you get home—we know you will!

Love you always, peace man! Kelcey

Saleah Morrison

Saleah is an amazing person and leader. We all looked up to her this year, she kept our team in line. It was awesome having her across the hall so we could play pranks although we didn't, but we wanted too. She has a great personality and is someone that gets along great with everyone. She is always there to help a friend in need and is the first to say something when needed. We love you Saleah and good luck at Vermont next year and don't get attacked by that guy in the magazine. Love Kaytlin and Caitlin



Claudia Müller-Morán

Claudia! I don't even know where to begin...First off, I want to than you for helping me through my grade 12 year – you have been a AWESOME friend – not only to me, but practically the entire scho and community. You always take the initiative and manage to accomplish everything you set out to do – after all, you are the Quee of Multi-tasking. I'll never forget our "talks" in Physics class...you know what I mean...Lots of Love, Avery

Dearly Beloved, You are a brilliant, gracious person, with the abnormal ability to get anybody out of a snitch. You are a classy, intelligent woman with excellent taste in men...sometimes. You are always cheerful and pretty while walking down the hallway And, I know you'll do great in the future.

So, Good Luck. K.K.

Laura Murdoch

Laurtas, our bizarre friendship started in grade 7 during that peaceful nature walk; we really connected during the moment o reflection. We were rebels, breaking the rules and eating lunch o the third floor. We were attached at the hip, until we realized we needed to figure out who we were as individuals. I have been abl to count on you for a good laugh, an understanding of my wacky sense of humour and a shoulder to lean on. You have stood up fo me countless times and I have always admired your strength and confidence. You hav hands down, earned the title of class clown and are always able to instill joy and laugh ter onto others. Never forget: camping adventures, dirty gurlz, dress up airbands in your basement, or our games of apple shmear at VW.

I look forward to hearing about your lead pipe! Xoxo Mads

Ga Ram Park

YEAH! We are finally leaving! Can't believe we actually lived in REZ for 4 years if U come to HK AGAIN please contact me! Ha Wish you all the best in the Future! Kimi*

Garam~~ we have known each other for four years now. At first was so sad to be separated from you and Jina next year, but the by chance we are going to same university and in same faculty...isn't it funny? Anyway I'm really happy that we are going to Toronto altogether! We will have fun in there eve though it can't be at Vi-Ann anymore. It was really great to spend time with you at B and even in Winnipeg!! There are many things happened in this year, don't you think? I will never forget all the memories we had T^T Jihyun

Jill Penman

Jill, we can always count on you to party with us whether it's in muddy wooden terrain or looking glamorous on our traditional dies night. Your dance moves are an inspiration and evoke atte tion from men of all realms. Nothing stands out more than the times on May long weekend jamming out on the multiple trips Kenora. Some how you managed to drive and play air guitar wh watching the cute boys skateboard from the Safeway parking lot. If we had to describ you in five words they would be: tall, companionate, striking, energetic and tall with b feet, so basically seven words. We are looking forward to sharing more memories toge er in the future including being the godmothers to your four children by the year 201 So that means we better hit up those pre med parties ASAP.

We love you, F5F. Stefania, Sarah, Julie and Robin

Ashley Rebeck

Hey there two-four! Sorry we wrecked your hockey equipment... although personally I think the smelly markers gave it a nice touch. I hope you're still mad at yourself for not catching on earlier. I will always remember that certain shade somewhere between red and deep red (kinda like it is going now) that I always seem to make your face turn when you want to and I quote "shorten my life expectancy". I want you to remember the window-and what came out of the window or what hit it when the window was closed (some of it made a big mess). Or just Cindy's room in general, cause I think we were in there for a couple minutes here and there this year. Don't forget some of the good times like Value Village one piece jumpsuit (Cindy won just so you know) or our spur of the moment Brandon road trip. Yup, a whole two hours in the truck with GBA...I don't know how you did it. Oh, and Grandma a message from the Children: stay away from the pussy-cat rum.

Sam & Cindy

Sarah Rybczuk

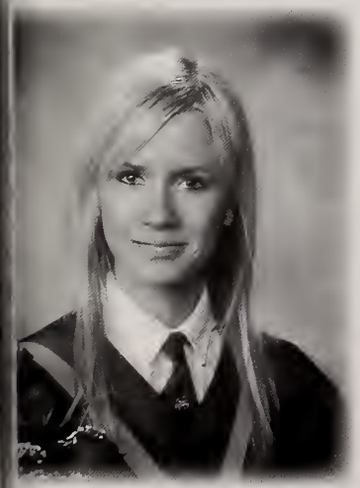
Sarah, peroshki, tiger, bodiqua-bojangles. From the long ghetto fabulous nails, to constant change in ethnicities, we can always count on you to pump us up for an SPHS dance or party in the Maples. Our dance parties in the back of the Matrix will never be forgotten... can we borrow that top? Thank-you for never letting us go hungry with your constant supply of peanut butter balls. We love how your shoes DON'T suck, contrary to what jealous bafoons might think. Your power panties are an inspiration to women who need a suck and tuck. You rocked the 80's leotard...because you're actually from that decade! We know that wherever the future may take you, you will always bring your own style and 'flava fave' to whatever you do!

We love you baby. F5F. Stefania, Julie, Jill and Robin

Brittany Siemens

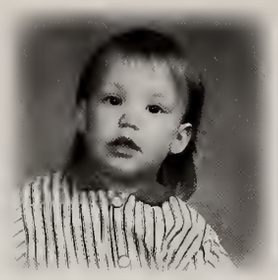
Where has the time gone Britt? Do you remember when we used to talk like FOREVER! We became so close your mum decided to call me her other daughter...and still does!!! So many good times! Don't you think? I mean we did so much together, in or out of school. There was your dance recital, OMGOSH the dances...remember when we got ready at your place? Camping, now that was fun! You know what I'll miss the most? Your laugh and the way you can get so worked about things, it's hysterical = P It could be the most minute thing, that holds no importance at all, but you will get yourself all in caffufle and basically make a mountain out of mole hill. It's fun to watch, I will not lie... Don't ever get hung up over a guy. EVER. Thanks for the memories darling,

I'm going to miss you heaps! C.M.M.



Kathleen Skinner

Kathleen, Mimi, Coco, Skinner, Skindog. This year has certainly been full of many trials and tribulations! Ever since our first encounter in Mr. Richardson's math class in grade eight your platinum blonde hair captivated my attention. Over the years, you have proven to me, that no matter what has come our way we are strong enough to pull through. You are a loyal, pure hearted, sympathetic, beautiful person and I am honoured to have you as my friend. I can't believe how quickly this year has come to an end. Although it's sad that this part of our lives has come to an end our memories together will forever last and always continue to grow. Love you Kathleen. Xoxo, Stefania



Caitlin Smiley

Smiley is an awesome friend and everyone seemed to like her. We called her smiley even though she may not smile that much she was a great to have around to crack jokes and just make you laugh when you are down. She made the best of hard situations that she was in but always seemed to get through them at the worst moments. She will be remembered as a great friend and good classmate....Drews and Mo

Jina Song

Hmm... sigh... I hope you will do better next year. Jinaya~ you ar my really good friend and one that I can trust >.< believe or not thank you. Your advice for 'Nam-Ja' isn't really helpful kekeke bu thanks for being honest all the time when you listen to me and tell m your opinion. I have wonderful years at BH because of you~~ you a ways make me laugh. I will never forget the song you sang to me ar Julia in physics class. That is the saddest song I ever heard. Thanks f making me feel better whenever I'm depressed. Jin JJa Gomawo~^ Jihyun I can't believe we are going to the same University and spen another 4 years again. Actually I feel safe having you beside me in the future. I love you ar please take a shower. Garam .....'Ding ding hoe fong been!" I won't forget this song~ It w so nice of u to come with my Dad 4 dinner~ I'll remember u as a Korean that looks Chine Miss ya! Louise U're da BEST! My beloved roommate(our room smells)! I can never 4get th time I lived with U nor our stories! We laugh, fight even fart together! HAA can't believe I' not gonna see U everyday next year! Lets meet in Toronto! All da best in the future Kimi

Madelaine Stefanik

Madsters, grad is here and we've been looking forward to it since grade 7, when we did, indeed, meet in a bush at Yurt Camp during our moment of 'peaceful silence' to take in the nature around us. And that was when the craziness of Yellow Snow and Mads began...from our Magic Carpet Rides, to 'Moptams', to Baby Duc And when one of us was having a bad day, you would be my 'win that pushed the clouds out of the way of the sun.. Or something cheeeeezzzy like that...And I will never forget sitting in the corner area of the cafeteri every break, with a handful of other girls, and the 2 of us would just 'eye talk' about what we thought of this and that... we thought THAT was pretty cool. But man, we WERE pretty cool, so it's all G! Like that time with the pirate ship at Grand Prix...hah ha, I will leave it up to you to remember what went down in the pirate ship... Anyway, I'll see you around U of Dubz next year, psych 1030 AM! Laura

Pamela Tse

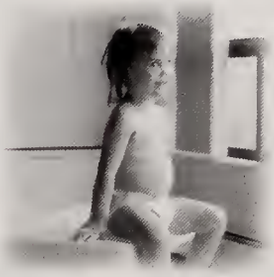
I can't believe we're both graduating, even though u only came for half a year~ u were so quiet & nice, now I find u kinda crazy & ev at times.. whenever u see a frog think of me, and I'll do the same whenever I see my toes! Waha! Louise

Although U only came for half a year, U'r a great&fun roommate!! had a lot of fun living with U even though I can't really hear U.. HAHA! Whenever I look at my toes I would think of U! KaKa! Goo luck in US & keep in touch!! Kimi

I have enjoyed all the time we shared together, and I will visit you sometime in U.S. to give you a surprise. Be prepared, Haha. Wish you a bright future, and hope there are lo of good cakes in Emory! Jessy

Kelcey Vossen

Ur such a nice person and I'll never 4get da sleepover~ I can't believe ur coming to HK! Don't forget to have fun shopping & eating! I hope it'll be an unforgettable experience 4 u~ Have fun! Louise
Few days left till going to HK! We planned this 2 years ago, Can't believe it actually comes true!! Haha we're gonna have so much FUN! I will wait for U to come and visit me again! Haaa Good luck in the future –Kimi
Hey Kelcey, I cannot wait to see u in Hong Kong. Still remember the Chinese words we taught u? I'll make sure that I'll bring my camera every time we go out and video tape u ordering food in Cantonese! Pamela



Samantha Wauer

Grad—like a birthday, our 90th (no more 80s for us). We learned (and dealt with) more than people can imagine from this "perfect" year, but matured, because flipping desks around, and letting "my" fart machine off are mature, right? Maybe you learned more sitting on the Kobota/watching cattle shows or maybe you learned more self-defense methods and what lack of anger management can really do. We learned about my driving skills/your lack of, and steak, oh so much juicy steak. We learned that you can't speak, but can convulse. Can't do physics/math/calc... Can talk on the phone about nothing. Can't be responsible, can be GBA, can have over 10 nicknames, and can take all my sayings from the country. The point is we learned I'm going to Nashville and then meeting you at the Olympics to learn even more. Our friendship has made us better people, we'll never stop learning. Cindy

Leah Werier

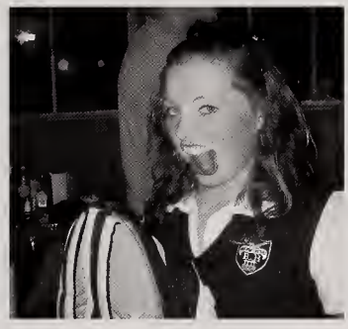
Steak, I'm bad at writing things but, the time has come and I really don't have much of a choice. PINKET! Here's a haiku for you, Sushi is the best / you are maybe more yeah yeah / that's all for now folks. MAGENTERRR. If you were a blizzard you would be a Georgia mud fudge, minus the annoying brownies (cookie dough instead) and extra pecans just like me. "I'm not paralyzed but, I seem to be struck by you" Breakfast at McDonalds... "Your dresses are too short ladies", the man that peed his pants and just the pickled regulars... I'm lovin it! Next year's going to be wicked not being at BH. I guess that means it's time to figure out or lives. I don't know... this write up was honestly the hardest thing to write. "This is the story of you and I."
GARBAGE PAIL KIDS '06! Semi-normual grads '07!
WA WA WE WA! WE'RE DONE! Love, Sarah (oreos)

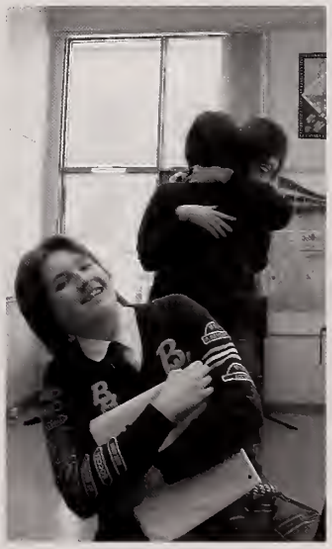
Sze Ki Wong

Don't forget our theme: gulugulu digest! I'll always remember u as my extremely funny friend with intestinal problems~ I won't forget all the HK phrases u taught me! Haha! Louise
Hey you crazy holy cow, I'll never forget your scary toes, the lava cakes and your infectious dead fish eyes. Good luck in uni. Don't fight too much. Pamela
Truly, you are the funniest person I ever seen in my life and have the huge potential to remain this record for the rest of my life. Your camel-face and all the little tricks you had will always be a great memory. Take care in university. Jessy
I will miss you so much and your laughing!! SaRaangHae~~~ >3< You have to come visit me often! I will let you stay in my room. Good Luck and take care. Jihyun

Unbelievably Unique

Unstoppable Success





DOLL ASSEMBLY

Nellie and Kaytlin

Kate and Alex

Claudia and Ericka

Sarah and Robyn

Madelaine and Mrs. Bohonos

Katie and Mrs. Friesen

Louise, Jihyun and Julia

The Penman family

The Klein girls

The Langrell family

Angeles Morales Sanchez and "family"

Graduation is always a time of mixed emotions, but as lifers the change means that much more. For the first time we will be forging our own paths as we take the next step in our lives. We feel confident that our time at BH has prepared us to take on the new challenges of the future. As we look back on our years here, we know that we will never forget each other and the memories that we've made.

Together we:

played at recess, sang Best Friends, picked lilacs, learned how to play the recorder
sang in the jr. school choir, starred in the Nutcracker,
wore garbage bag dresses for the medieval feast

Although we are going our separate ways, we will cherish the sister-like bonds that have grown over the years. As it has been said: friends are like flowers, and we know that our BH friends will grow and blossom in the garden of life. By Katie Moore and Kathryn Marcynuk

LIFERS

Stefania Campanelli

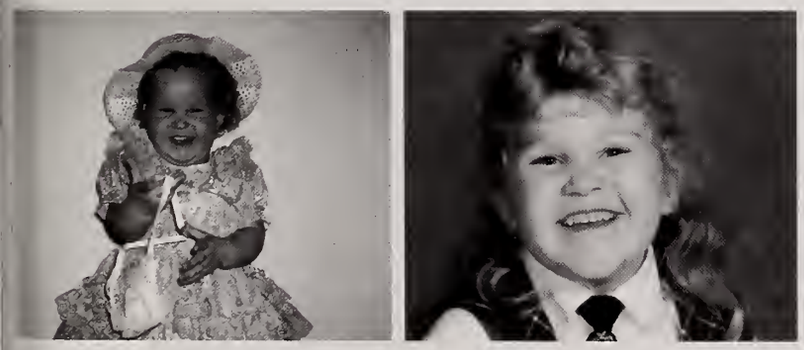
Sonja Fedikow

Kate Langrell

Kathryn Marcynuk

Katie Moore

Jill Penman



Brittany Siemens

Madelaine Stefanik

Robin Jacuzzi and Stefania Campanelli awaited the big moment

Leah Werier, Caitlin Smiley and Kaytlin Drews

Katie Haber and Cassandra MacLeod

Sam Wauer, Ashley Rebeck and Cindy Lukianchuk showed that no white dress would take away their toughness

Caley Laxer and Lexie Dickson

CEREMONIES

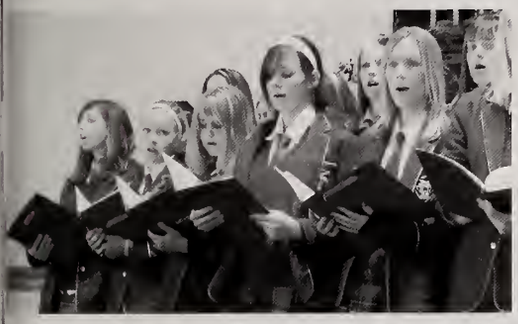
Jim Morden

Jill Penman received the Laura Milner White Volunteer Award

Cindy Lukianchuk accepted the House Trophy for Craig Gowan

Kathryn Marcynuk was awarded top average of the graduating class

Sarah Carter '98
"There is no escalator to success, you have to climb the ladder."



The senior choir sang a very touching song to the graduates, "A Mother's Prayer"

Mrs. Copp presented Ella Thomson and Marikka Lee with awards for top average in grades 6 and 8

GARDEN PARTY

Kimi Wong and her many Maple student friends

Katie and Alicia Haber

KK Ho and family

Kaytlin Drews and "Mom" Gariepy

Lea, Emilie and Izzy Anderson-Gregoire

Leah Werier and Sarah Carter

Jessy Gao with family saying goodbye to Mrs. McGill-Horn and Dr. DeBlonde

Pamela Tse, Louise Lam and Tiffany Mok

Mira Fister-Tadic and Jina Song

Michelle and Ashley Rebeck with mom and dad

HANDPRINTS ON THE WALK

GRAD

Toast to the Administration

Admin's Response

Sam Wauer, Cindy Lukianchuk and friends

Avery Hastings, Kimi Wong and Airyn Lancaster

Toast to the Staff

Staff's Response

Brittany Siemens and KK Ho

Sarah and Laura Murdoch

Caitlin Smiley and Sra. McDonald

Toast to the Parents

Parents' Response

Robin Jacuzzi, Julie Klein and friends

Louise Lam, Pamela Tse, Kimi Wong and friends

Toast to the Grads
from the grade 11s

Grads' Response

Ms. Wilkes, Miss Kirk and Mrs. Green

Shannon Bahuaud and Sonja Fedikow

Miss Kirk took on Kristi Lyn Pollock

DINNER

Mrs. Sumerlus wrapped up the year with her memories

Grade 11 students checked out the activities of grad and can't wait until their big night

Julie Klein and sisters

Kathryn Marcynuk, Kate Langrell and families

Chelsa Jordan and family

Kate Langrell

Kathryn Marcynuk

Claudia Müller Morán

Stefania Campanelli

Kelcey Vossen

Mr. Warriner, Kathleen Skinner, Kaytlin Drews and Brittany Siemens

Kathleen Skinner and Stefania Campanelli hit the dance floor

Katie Moore and Kathryn Marcynuk with Ms. Fulton-Baillie

MEMORIES TO LAST FOREVER

Grads and their friends got ready to ride in style to the Fairmont - on the Bada Bing Party Bus!

Graduates and their escorts enjoyed the perfect weather for Grad!

Graduates reminisced over the grad slideshow

Jessie Gao and K.K. Ho laughed while watching the slideshow

Caitlin Smiley and Kaytlin Drews celebrated with the Maple Girls

Grads rejoiced upon hearing the opening chords to "Best Frien

The 2007 Lifers and one honourary Lifer: Sonja Fedikow, Kathryn Marcynuk, Brittany Siemens, Madeleine Stefanik, Katie Moore, Jill Penman, Stefania Campanelli, Kate Langrell and Chelsa Jordan

After posing for pictures for a long time, the grads were ready to let loose!

AFTER GRAD 007

Laura Murdoch & Mike Stone

Katie Moore & Alex Morton

Kathryn Marcynuk & Mitchell Guest

Avery Hastings & Brett Hilton

Grads and friends took a jump to the left, then a step to the right as they danced the "Time Warp"

Familiar figures from Bond lined the walls of the dance floor

Stefania Campanelli and Kathleen Skinner enjoyed the evening

Everyone was ready to party on the dance floor

Kate Langrell, Airyn Lancaster and Avery Hastings

The end-of-the-night group dance to Gren Day's "Time of Your Life"

Leah Werier, Sarah Knight and Caitlin Smiley didn't want the night to end!

The grads who stayed to the end: Laura Murdoch, Emilie Anderson-Gregoire, Kate Langrell, Brittany Siemens, Claudia Muller-Moran, Katie Moore & Kathryn Marcynuk

VALEDICTORY

From girls, to ladies, to graduates: today I am honoured to speak on behalf of this wonderful group of women in white who I can call, not only my classmates and friends, but my family.

I remember my very first day of school at BH; the first time I wore my kilt; the first girls I met; and the first people who I looked up to. From day one, I admired the older girls—the girls in the pretty black sweaters that I couldn't wear yet—who went to school in the 'Polo Park' part of the building. Now, a lot has happened between that day and today: somewhere along the line I stopped getting bob cuts, grew a foot or two, learned how to multiply fractions, and stopped being terrified of Ms. Baillie, but in the blink of an eye, it seemed, I was one of the girls that I had always admired. I was a graduate.

Girls, we all sit here today as graduates of Balmoral Hall. This is something to be proud of: we survived countless rounds of tricky exams; halls lined with chatting, catty girls; the killer mice that invade our school—that I have yet to see; somewhat untimely pranks; and military-like top button inspections. We have been through it all, and as I look back now, I love and appreciate every minute of it.

Last summer while talking about how excited I was to graduate, I was given a piece of advice from a friend who finished school a couple of years earlier. He said, "Enjoy your high school years, because it all goes downhill from there." While this may have been a little bit pessimistic for someone of the ripe old age of 19, I would like to pass this advice on to you. I can't guarantee that our lives are on a downhill slope from here on, in fact I know they aren't. Balmoral Hall has helped us to become strong minded and determined women: the best versions of ourselves, ready to face the world. Though wrong on that note, my friend pointed out the importance of enjoying your high school years. He said that they were the best years of his life, even though I didn't believe him at the time. The years we spent at BH with each other were amazing and can only be truthfully appreciated once they are gone, something I am only starting to figure out now. I now appreciate how necessary living—really living—your BH years to their fullest is. Never let a moment go without enjoying it and truly living it, because before you know it, that moment is over.

Graduates, millions of moments have been cherished together and shared over the years: meeting new friends, the kind you have for life; that feeling that you get when you are ushered into an exam by Mrs. Baillie and she is still worried about your uniform; singing Best Friends and not understanding why kids from other school don't get it and love it like we do; hiding behind the desks in Dr. D's classroom and thinking that you're sneakier than him… which can never happen… But this is the ultimate moment girls, the memory that will never fade. Today we are graduating, leaving BH and stepping out into a whole new world. Let's make the most of this day and really treasure it. Everything changes from this moment on. We will come across countless new experiences, opportunities, and challenges: new schools, new friends, and even new cities… Girls, we have a lot of moments to live, take my advice and don't let any of them pass you by. Congratulations Graduates, we did it!

READY FOR NEXT YEAR?

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